

CURRICULUM VITAE

Rukhsana Kausar

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Academic Qualification

2001-2002 Post-Doctorate, in Neuropsychological Rehabilitation
Institution School of Human Sciences, University of Surrey and the Wolfson Neurorehabilitation Centre, St. George's NHS Trust London, UK.

Consultants Prof. Dr. Chris Fife-Schaw, Psychology Department, School of Human Sciences, University of Surrey, England, UK.

Prof. Dr Sarah Hampson, Psychology Department, Surrey University, UK

Dr Martin Van den Broek. Wolfson Neurorehabilitation Centre, St. George's NHS Trust London, UK

Research Project: Rehabilitation outcome of Head injury.

1994 Ph.D. November, 1994

Institution University of Surrey, Department of Psychology, UK
Supervisor Dr. Graham Powell, Psychology Department, University of Surrey, England (Former President British Psychological Society, 2005-2006, Vice President, BPS, 2006-2007).

Thesis: Cognitive appraisal, Coping and Psychological distress in carers of patients with neurological disorders.

1984 M.Sc. Applied Psychology (Gold medalist)
Institution University of the Punjab, Lahore, Pakistan.
Supervisor: Prof. Dr. Najma Najam, Professor, Department of Psychology and Applied Psychology, University of the Punjab, Lahore.

Dissertation: Coping with the Grief of Death.

1982 B.A Humanities (Gold Medalist, topped the list of students from college).

Additional Training

Summer Schools, Seminars and Workshops Attended

1. Summer school for in-service teachers at Post-Graduate level, organized by the Government College Lahore, Pakistan, 1987.
2. Summer school organized by the National Institute of Psychology, Islamabad, Pakistan for the teachers at Post-graduate level, 1990.
3. One year part-time course in "Communication skills", the Linguistic Institute, University of Surrey, England, 1991.
4. Summer school on Research skills for the Post-Graduate Research students organized by the British Psychological Society (UK), Southampton University, England, 1991.
5. Short course "the Secondary analysis of survey data", Department of Sociology, University of Surrey, England, March, 1991.
6. Short course "Using Statistical Package for Social Sciences (SPSS Pc)", Department of Sociology, University of Surrey, England, 1992.
7. Short course "Writing and Publishing Research", Psychology Department, University of Surrey, England, March 1993.
8. One year part time course on "Writing skills", the Linguistic Institute, University of Surrey, England, 1993.
9. A Consultative Workshop on "Vehicular Pollution", organized by Social advancement towards humanity in collaboration with the American Centre, Lahore, April, 21, 1996.
10. Seminar on "Counseling Psychology in Britain" by Johnny Doyll a Counseling Psychologist from Glasgow, U. K, Organized by the Department of Applied Psychology, University of the Punjab, December 1997.
11. Workshop on "Family Therapy in Clinical Psychology" by Dr. Chris Gilliard (a Clinical Psychologist from England), organized by the Pakistan Association of Clinical Psychologists, Lahore, December, 1997.
12. Seminar on "Environmental Pollution in Punjab" organized by Environmental protection Department and Social Welfare Department, Government of Pakistan, November 28, 1998.
13. Workshop on "Development of Syllabi of Psychology for intermediate and Graduate level", by Dr. Zahid Mahmood, Chartered Clinical Psychologist, UK, organized by Psychology Department, Govt. College Lahore, April 1999.
14. Seminar on "Intel Real Server Solution" Lahore, August 5, 1999.
15. Seminar on "the Tragic incident of child Abuse and Killing: Lessons Learned and What Needs to be done", Department of Applied Psychology, University of the Punjab, 15th December, 1999.
16. Workshop on "Internet Access" held in Applied Psychology Department in collaboration with SNDP on 15th January 2000.
17. Workshop on "Trauma Psychology" organized by Fountain House in collaboration with Missouri University, USA on 22nd January 2000.
18. Workshop on "Wechsler Adult Intelligence Scale, WAIS III", by Dr. Mazhar Khan (Chartered Psychologist from USA), organized by the Centre for Clinical Psychology, University of the Punjab, 1st March 2000.
19. Seminar on "Brain and Behaviour" by Dr. Mazhar Khan (Chartered Psychologist from USA), organized by Department of Applied Psychology, University of the Punjab, 6th March 2000.

20. Seminar on "Perception of Medical Images for Diagnostic and Surgery Purposes", by Dr. Jorg Huber, Roe Hampton College, London, organized by Department of Applied Psychology, University of the Punjab, Lahore, 6th April 2000.
21. Workshop on "Projective techniques", by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, 16th April 2000.
22. Workshop on "Post-Traumatic Stress Disorders" by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, 18th April 2000.
23. One week Faculty Development workshop on "Computer Skills: Multimedia Use and MS Office" organized by University of the Punjab, Lahore, August 2000.
24. Workshop on Hypnotherapy, by Farzana Noor, organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 2001.
25. A one week Workshop on "Use of Local Area Network", by Mr. Farhan (the University Internet Administrator), organized by University of the Punjab, summer 2001.
26. Seminar on "The perception of external space in Parkinson Disease" by Dr. John Harris, University of Reading, UK, Organized by Psychology Department, University of Surrey, Guildford, UK, 16th October 2001.
27. Seminar on "Moderators of the intention-health behaviour relationships" by Dr. Mark Conner, University of Leeds, UK, Psychology Department, University of Surrey, Guildford, 23rd October 2001.
28. Seminar on "Show me the Features" by Professor Phillips Schyns, Glasgow University, at Psychology Department, University of Surrey, Guildford, 30th October 2001.
29. Seminar on "The Role of Attention, Imagery and Perception in Chronic Insomnia" by Dr. Allison Harvey, University of Oxford, at Psychology Department, University of Surrey, Guildford, 30th October 2001.
30. Seminar on "Universities and Wider Society" by Prof. John Tarrant, Vice Chancellor of the University of Huddersfield, UK, Commonwealth Conference and Events Centre London, 5th November 2001.
31. Workshop on "Higher Education, CSFP and International Development", Commonwealth Conference and Events Centre London, 5th November 2001.
32. Workshop on "Psych-Maps: Psychometric Profiling Tools", by Phil Clarke, Managing Director, Psych-Maps Ltd, organized by Department of Psychology, University of Surrey, 19th November 2001.
33. Seminar on "Forensic Psychology: Not the sex and violence bit" by Professor Jennifer Brown, Surrey University, England, organized by Psychology Department, University of Surrey, 20th November 2001.
34. Seminar on "Faith conquers all? Religious Issues in Mental Health" by Professor Kate Loewenthal, Royal Holloway London University, organized by Psychology Department, University of Surrey, 27th November 2001.
35. Workshop on "Neuropsychology", organized by Wolfson Neurorehabilitation Center, Atkinson Morleys' Hospital, St. George's NHS trust, London, September, 2002.
36. Regular weekly Academic meetings of Neurologists, organized by Atkinson Morely's Hospital, London (from November 2001-July 2002).
37. Workshop on "Child sexual abuse" organized by Department of Applied Psychology, University of the Punjab in collaboration with SAVERA and DFID, Lahore, January 2003.
38. Workshop on "How to do research", by Dr. Zahid Mahmood, Chartered Psychologist from UK, organized by Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 9th October 2003.

39. Workshop on “Developing a Counseling package for victims of domestic violence”, organized by Department of Applied Psychology under DFID Link, Lahore, 26th March, 2004.
40. Symposium on Student Counseling and Assessment Services, organized by the Department of Applied Psychology, University of the Punjab (prior to the launch of SCAS), Lahore on 6th April 2004.
41. Seminar on “Drug Treatment Works” on International Day against Drug abuse & Illicit Trafficking, Organized by Academic Department of Psychiatry and Behavioural Sciences, KEMC/Mayo Hospital, and Pakistan Psychiatric Society (Punjab Chapter), 26th June, 2004.
42. Workshop on “Identity Personality Disorders in Children: Diagnosis and treatment” by Consuelo Barreda Hanson, organized by International Council of Psychologists, in Jinan, China, 3rd August 2004.
43. Workshop on “The Multicultural Family Chessboard: An Educational and Psychological Interview Method” by Sandra Neil and Robert Silverberg, organized by International Council of Psychologists, in Jinan, China, 3rd August 2004.
44. Workshop on “REBT: Assessment and Intervention” by Ms. Cyma Salman (Clinical Psychologist), Organized by the Department of Applied Psychology, University of the Punjab, Lahore, 21st -22nd December, 2004.
45. Workshop on Reiki: Application and Treatment, Level I” by Dr. Shaharyar Aftab, Organized by the Department of Applied Psychology, University of the Punjab, Lahore, 28th May 2005.
46. Workshop on “Reiki: Application and Treatment, Level II” by Dr. Shaharyar Aftab, organized by the Department of Applied Psychology, University of the Punjab, Lahore, 4th June, 2005.
47. Workshop on “Basics of Behaviour Therapy” by Ms. Nashi Khan (Consultant Chartered Clinical Psychologist), organized by the Department of Applied Psychology, University of the Punjab, Lahore, 11th June, 2005.
48. Seminar on “Conversion Disorders: “Diagnosis and Intervention” Organized by Psychiatry Department, Rawalpindi General Hospital, on 6th January 2006.
49. Two-Day workshop on “ Developing Management Skills” by Anne Gold (Institute of Education, University of London, UK) and Prof. Dr. I. N. Hassan, Fatima Jinnah Women University, Pakistan, Organized by Fatima Jinnah Women University, Rawalpindi, April 4-5, 2006.
50. Workshop on “Log frame and Proposal Writing” organized by British Council, Islamabad, 18th May, 2006.
51. Seminar on “Black Women” organized by Department of Human Resource Development, Institute of Education, University of London, UK, December, 5th 2006.
52. Training workshop on “Core Research Skills, Data Analysis and Presentation of result” by Prof Amanda J Lee, Dr. Gareth Jones, Dr. Susan Klein (UK), organized by Fatima Jinnah Women University, Rawalpindi, 11-12, January, 2007.
53. Seminar on Civil Rights Movement of the 1960s: A Black Women ‘s Perspective, Then and now by Ms. Lyngrid Rawalings, Senior Management Counselor at U.S Embassy, organized by Fatima Jinnah Women University, Rawalpindi, February 15, 2007.
54. Seminar on Problem-based learning “addressing the parallel questions of information overload and life-long learning by Dr. Jaleel Miyan, Manchester University, organized by the HEC, Islamabad, April 2, 2007.
55. Seminar on “Role of Cerebro Spinal fluid in Congenital Development Disorders” by Dr. Jalil Miyan, Manchester University, organized by Pakistan Sciences Academy, Islamabad, April 05, 2007.

56. Seminar on Projects & Programs execute by the Research & Development Division of HEC by Prof. Dr. Altaf G. Sheikh, organized by Fatima Jinnah Women University, Rawalpindi, April 10, 2007
57. Open Forum on Future of higher education in Pakistan, by the Chairman Higher Education Commission, organized by Quaid-e- Azam University and Higher Education Commission, April 14, 2007.
58. A series of seminars on “Masters and PhD Research Supervision” by Anne Gold, Institute of Education, London, organized by Fatima Jinnah Women University from April 17–19, 2007.
59. Workshop on “Active Citizens Interaction Consultation” organized by the British Council, at Marriot Hotel, Islamabad, May 7-8, 2007.
60. Course on “Professional Development and Capacity Building” organized by University Putra Malaysia (Kualalumpur), Centre for Extension, Entrepreneurship and Professional Advancement, 2-3 August, 2007.
61. A workshop on Neurolinguistic Programming (NLP), by Lord..... Organized by centre for Clincial Psychology, University of the Punjab, Lahore,

Work Experience

Research:

Nov. 2001- Oct 2002 Honorary Research Associate at the Wolfsan Neurorehabilitation Centre, St. George’s NHS trust London, UK. Worked with Dr Martin Van den Broek, Consultant Clinical Psychologist, Head of Neuropsychology, Wolfson Neurorehabilitation Centre, St. Georges Hospital London.

Project Effect of Carers’ coping and psychological functioning on head injured patients’ rehabilitation outcome.

Teaching:

26-10- 2007 – date Professor, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.

6-1-2006 – 25-10-2007 Professor (on Deputation), Fatima Jinnah Women University, Rawalpindi, Pakistan

20-4-2002 – 5-1-2006 Professor, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.

21-4-2000-19-4-2002 Associate Professor, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.

15-7-1996- 20-4-2000 Assistant Professor, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.

19-10-1987–14-7-1996 Lecturer, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.

1985-1987 Lecturer, Govt. Post-Graduate College for Women, Satellite Town, Gujranwala, Pakistan.

Job Description

- At College, taught Courses: “Experimental Psychology”, “Clinical Psychology” to M. Sc Psychology Classes. Had been involved in Clinical Psychology, Case Supervision and Supervision of M.Sc. Research Projects.

- At University of the Punjab, have been teaching Courses: “Abnormal and Clinical Psychology; Counseling Psychology; Psychological Assessment; Data Analysis Using SPSS” to Masters, M. Phil and Ph. D Classes.
- At Fatima Jinnah Women University, have taught courses: “Psychopathology: Introduction, classification and diagnosis; Advanced Counseling Techniques and Research Methods.
- Have been involved in supervision of “Research projects”, “Clinical Case Reports” and Practicum Reports in Counseling Psychology.
- Have supervised M.Sc, M. Phil and Ph.D. Research Projects.

Visiting Faculty

Dec 2009-Feb2010	Centre for Clinical Psychology, University of the Punjab, taught a course on Quantitative analysis to M.S students.
Dec 2008- Date	Institute of Communication Studies, University of the Punjab, Ph.D instructor
Oct 2005-Jan 2006	Department of Actuarial Sciences, Institute of Statistics, University of the Punjab, Lahore
2003 – Jan 2006; 2008	Institute of Business and Information Technology, University of the Punjab, Lahore, and Psychology Course to BBIT students.
2002 - 2003	Department of Women Studies, University of the Punjab, Lahore, taught “Gender issues in Psychology” to M.A students.
2001 & 2003	National University of Computer Science, Lahore, Pakistan, taught Psychology course.
Oct. 2001- Oct. 2002	Commonwealth Fellow at Psychology Department, University of Surrey, England.
Oct. 2001- Oct. 2002	Supervised Experimental / Physio Labs, Psychology Department, University of Surrey, England.
Summer 2002	Tutor, Open University UK Summer School for Psychology students in Durham (England), taught course on Research Methods.
Summer 2002	Tutor, Open University UK Summer School for Psychology students in Sterling (Scotland), taught course on Research Methods.
2001 and 2003	Department of Special Education, University of the Punjab, Lahore, taught computer skills and Data Analysis using SPSS to Ph.D. students.
1996 - 2001	Department of Special Education, University of the Punjab, Lahore, taught courses on “Child Growth and Developmental” and “Personality Development” to M.Sc students.
1996 - 2001	Centre for Clinical Psychology, University of the Punjab, Lahore, taught Psychological Assessment Courses to Advanced Diploma Students and Quantitative Research Methods to M.Phil students.
1995	Punjab College of Business Administration, Lahore. Taught Psychology course to BCS students.
1992-1994	Psychology Department, University of Surrey, UK, Teaching Assistant with Prof. Dr. David Rose, Course on “Statistics for Psychology” to Graduate level students at Psychology Department, University of Surrey, England, UK from 1992-1994.

Administrative Experience

29-12- 2008-date	Chairperson, Department of Applied Psychology, University of the Punjab, Lahore
29-12- 2008-date	Convener, Board of Studies, Department of Applied Psychology, University of the Punjab, Lahore
27-3-2009- date	Ph.D Coordinator, Department of Applied Psychology, University of the Punjab, Lahore.
May 2009-date	Member, Doctoral Program Committee, Special Education Department, University of the Punjab, Lahore.
Feb 2010-date	Member, University Journals' upgradation committee
Feb 2008 – Feb2009	Member, University of the Punjab Press and Publication Committee.
Feb 2008 - date	Chairperson, University of the Punjab, Unfair Means Cases Committee.
Feb 2008 - date	Chairperson, Need Assessment for Special Needs Students. University of the Punjab, Lahore.
Jan 2008 –June 2008	Coordinator, B.S Honors. Department of Applied Psychology, University of the Punjab, Lahore.
Jan 2008 – Dec 2008	Student Advisor, Department of Applied Psychology, University of the Punjab, Lahore
Aug 2007- Oct 2007	Acting Dean, Faculty of Science and Technology, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Jan 2006- Aug 2007	Associate Dean, Earth, Life, and Communication Sciences, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Jan 2006- Oct 2007	Chairperson, Department of Behavioural Sciences, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Jan 2006- Oct 2007	Director Resident Services, Fatima Jinnah Women University Rawalpindi, Pakistan.
Feb 2006- Oct 2007	Member Hostel Advisory Committee, Fatima Jinnah Women University Rawalpindi, Pakistan.
Jan 2006- August 2007	Chairperson, Gardening Committee, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Jan 2006- Oct 2007	Chairperson, Hoarding Committee, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Nov 2003- Nov 2005	Chairperson, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.
Aug 1997- May 2006	Superintendent Girls' Hostel, University of the Punjab, Lahore
Aug 1987- Sep 1990	Assistant Superintendent Girls' Hostel, University of the Punjab, Lahore
Sep 1885-Aug 1987	

Voluntary Work

<i>1999-2001</i>	Worked as teacher Incharge of Punjab University's Blood Donors Society (Female Students).
1985- 2003	Have been giving talks and delivering lectures at different forums to raise awareness about psychological problems: such as Drug abuse (with ANF, Government of the Punjab in Drug Demand Reduction Programme), Stress and Coping, Psychosocial implications of Neurological disorders for the patient as well as carers, implications of terminal diseases such as Cancer.

Research Training and Research Work

1983	Conducted a research project on "Coping with the grief of death" on Pakistani population.
1985	Worked on World Health Organization's Project on Family planning in Pakistan.
1990-1991	As a part of PhD training, attended one year intensive course work on Research Methodology and Statistical analysis.
1991-1992	Worked on a Project "Longitudinal Study of Post-onset Personality and Behaviour Changes in Patients with Neurological Disorders and Burden on Carers in England.
1992-1994	Project on Caregiving to Physically disabled people in UK: Cognitive appraisal, Coping and Psychological Distress.
1996-1997	Development of Coping strategies Questionnaire (CSQ) for Pakistani population.
1996-1998	Project on "Carers of Physically Disabled people in Pakistan (University Funded project).
1999-2000	Collaborative research project on "Hand test characteristics of children from different cultures", in collaboration with European and American Psychologists.
1999-2001	Onward have run a series of project in collaboration with a UK Clinical Psychologist <ul style="list-style-type: none">• Developing Checklists for Assessment of ADHD• Assessing Hand test Characteristics of Children with ADHD versus Non ADHD• Development of Norms of "Urdu Reading test" for Pakistani School Children
2001-2002	Project "Effect of Carers' Psychological Functioning and Coping on Rehabilitation Outcome of Head Injured Patients in UK.
2003 -2003	Collaborative research project on "Social and health issues of Pakistani, American and African University Students" Dr. Jessi Smith, Psychology Department, Montana State University, (USA) and Holt-Lunstad J. Brigham Young University, (USA).
2006	Collaborative project on "Marital Disharmony in Army Personnel Families" with Psychiatry Department, Military Hospital Rawalpindi.
Jan, 2007	Training workshop on "Core Research Skills, Data Analysis and Presentation of result" by Prof Amanda J Lee, Dr. Gareth Jones, Dr. Susan Klein (UK), held in Fatima Jinnah Women University, Rawalpindi, 11- 12 January, 2007.
April, 2010	Workshop on "Conducting and Publishing Research", Organized by Department of Applied Psychology in collaboration with Learning and Innovation Division of Higher Education Commission of Pakistan, 5-7 April, 2010.
April 2007	Reviewer and Technical Consultant for United Nations Educational, Scientific and Cultural Organization (UNESCO)'s Project No 443/06, Study 1: "Review of National Policies and Program from Gender Perspective.

- April 2007 Reviewer and Technical Consultant for United Nations Educational, Scientific and Cultural Organization (UNESCO)'s Project No 443-06, Study 2: "Research on Gender Disparity: Root Cause of Low Female Literacy".
- 2006-onwards Translation and adaptation of Spielberger Trait Trait Anxiety Scale. In collaboration with Prof. Charles Spielberger, USA.

Research Publications

1. Kausar, R., & Powell, G. E. (1994). Carers' Coping with Post-onset Personality and Physical Changes in Patients with Neurological Disorders. *Pakistan Journal of Psychological Research*, 9 (1- 4), 1-11.
2. Kausar, R., & Powell, G. E. (1995). Personality and Behaviour Changes in Stroke Patients: A carer view, *Pakistan Journal of Neurology*, 1 (9), 20-32.
3. Kausar, R., & Powell G. E. (1996). Subjective Burden on Carers of Patients with Neurological Problems as a Consequence of precise Objective Symptoms (Objective Burden). *Clinical Rehabilitation (UK)*, 10, 75-81. IF 1.60
4. Kausar, R. (1996). Head Injury and its Psychological Implications: A Literature Review. *Pakistan Journal of Neurology*, 2, 17-20.
5. Kausar, R., & Sarwar, F. (1996). A Study of Misconceptions in Pakistani Population about Etiology and Treatment of Mental Disorders. *Proceedings, Second Muslim Psychological Conference*, 47-51.
6. Kausar, R., & Akram, M. (1998). Cognitive Appraisal and Coping of Patients with Terminal versus Non-terminal Diseases. *Journal of Behavioural Sciences*, 9(1-2), 13-28.
7. Kausar, R., & Aslam, S. (1998). Depression in Wives in relation to Marital Aggression. *Pakistan Journal of Psychological Research*, 13(1-2), 1-11.
8. Kausar, R., & Powell, G. E. (1999). Coping with Caring: Cognitive Appraisal of Post-onset Personality and Physical Changes in Patients with Neurological Disorders. *Asia Pacific Disability Rehabilitation Journal (India)*, 10(2), 58-63.
9. Kausar, R., & Powell, G. E. (1999). Coping and Psychological Distress in Carers of Patients with Neurological Disorders. *Asia Pacific Disability Rehabilitation Journal (India)*, 10(2), 64-68.
10. Kausar, R., Alam, S., & Jamila, S. (1999). A Study of Effect of parental Death and Gender of the Child on their Psychological Functioning. *Journal of Behavioural Sciences*. 10(1), 51-66.
11. Kausar, R., & Iqbal, A. (1999). Gender differences in Psychological Health and Marital Relationship of Infertile people. *Journal of Behavioural Sciences*, 10(2), 47-58.

12. Kausar, R., & Ilyas, F. (2000). A Longitudinal study of anxiety in cancer patients before receiving Chemotherapy. *Journal of Indian Academy of Applied Psychology*, 26(1-2), 57-63.
13. Kausar, R. (2000). Informal Caregiving and its Psychological Implications: A Brief Review of Research. *Journal of Research (Humanities) (Pakistan)*, XXXIV (1-2), 49-68.
14. Kausar, R. (2001). Cognitive Appraisal, Coping and Psychological Distress in Carers of Physically Disabled People in Pakistan, Pakistan. *Journal of Behavioural Sciences*, 12 (1-2), 47-68.
15. Kausar, R. (2001). Women as Carers, Conference Proceedings "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.
16. Kausar, R., & Farooq, M. (2001). Cognitive Appraisal and Coping Strategies: How Mothers Cope with the Care of a Mentally Retarded Child. *Indian Journal of Clinical Psychology*, 28(2), 216-222.
17. Raana, T., & Kausar, R. (2003). Effect of Fluoride in Drinking water on Cognitive Functioning of Children. *Journal of Behavioural Science*, 14 (1-2), 17-28.
18. Kausar, R., & Munir, R. (2004). Pakistani Adolescents' Coping with Stress: Effect of Loss of a Parent and Gender of Adolescents. *Journal of Adolescence (UK)*, 27(6), 599-610. IF 1.20
19. Khan N., Kausar, R., & Chouhdry, H. R. (2005). Factor Structure of Dhat Syndrome Symptom Checklist. Conference Proceedings (Volume 2), "Applied and Community Psychology: Trends and Directions" Gurukul Kangri University, Vishwanidyalaya, Haridwar (Uttaranchal) , India, Sarup and Sarup Sons, New Delhi-11002, 596-600
20. Raana, T., & Kausar, R. (2005). Effect of Ambient Pollution on Memory of Children. Conference Proceedings (Volume 2), "Community Psychology: Trends and Directions", Gurukul Kangri University, Vishwanidyalaya, Haridwar (Uttaranchal), India, Sarup and Sarup Sons, New Delhi-11002, 531-537.
21. Raana, T., & Kausar, R. (2005). Effect of Environmental Pollution on the Visuo-Spatial abilities of Children. Conference Proceedings "International conference in Home Economics Organized by Home Economics College for Women, Lahore, Pakistan, 135-141.
22. Khan, N., & Kausar, R. (2005). Efficacy of Behavior Therapy with Panic Disorder: a Single Case Study. *Pakistan Journal of Psychology*, 36(2), 11-22.
23. Khan, N., & Kausar, R. (2006). Psychotherapeutic Intervention for Post-Traumatic Stress Disorders: A Single Case Study. Proceedings International Conference Earthquake10/8 Social, Human & Gender Issues Organized by Fatima Jinnah Women University, Rawalpindi and University of Azad Jammu & Kashmir, Muzaffarabad, January 15-17, 2006, 145-155.

24. Kausar, R., & Jamal, A. (2006). Change in Eating Habits and Health Related Behaviours in Female patients with Osteoporosis. Proceedings of 64th Convention of International Council of Psychologists (ICP), Kos, Greece, Shaker Verlag, Germany, 299-309.
25. Kausar, R., & Anas, M. (2006). Gender Differences in Health Related Behaviours and Readiness to Change in Diabetic Patients. Proceedings of 64th Convention of International Council of Psychologists (ICP), Kos, Greece, Shaker Verlag, Germany, 158-165.
26. Khan, N., & Kausar, R. (2006). Efficacy of Token Economy with Schizophrenia in Pakistan: A Single Case Study. Proceedings of 64th Convention of International Council of Psychologists (ICP), Kos, Greece, Shaker Verlag, Germany, 252-260.
27. Khan, N., & Kausar, R. (2007). Efficacy of Behaviour Therapy with Obsessive Compulsive Disorder: A Single Case Study. *Pakistan Journal of Psychology*, 38 (1), 3-10.
28. Smith J. L., Kausar, R., & Holt-Lunstad J. (2007). Stigma consciousness in the classroom: A comparison of Pakistani women's academic experiences in science and non-science fields of study, *Sex Roles, (USA)*, 57 (1-2), 3 - 13.
29. Kausar, R., & Munir, B. (2008). Pakistani Adolescents' Socio-Emotional Adjustment: Comparison of Single parent Adolescents with those from Intact Families. *Indian Journal of Psychology and Mental Health*, 1 (2), 9-21.
30. Khalid, T. & Kausar, R. (2008). Quality of Life and Depression in Caregivers of Stroke Patients in Pakistan. *Asia Pacific Disability Rehabilitation Journal*, 19(2), 103-110.
31. Kausar, R., Hampson S., Fife-Schaw, C., & Van-den Broek M. (2009). Head injury Rehabilitation Outcome in Relation to the Carers' Psychological Functioning. *Asia Pacific Disability Rehabilitation Journal*, 20 (1), 99-111.
32. Kausar, R., & Shafique, N. (2008). Gender differences in Perceived parenting styles and Socio-Emotional Adjustment of Adolescents. *Pakistan Journal of Psychological Research*, 23(3-4), 93-106.
33. Kausar, R., & Zehra, S. K. (2009). Stress, Anxiety and Depression in Mothers of Children with Beta Thalassemia. *Surgimed Medical Dental Journal*, 1(1), 24-28.
34. Nasr, T., & Kausar R. (2009). Psychoeducation and the Family Burden in Schizophrenia: a randomized control trial. *Annals of General Psychiatry*, 8: 17. Article URL <http://www.annals-general-psychiatry.com/content/8/1/17>.
35. Nasar, T., & Kausar R. (2009). Effects of Family Psychoeducation on Relapse Prevention of Schizophrenia patients in Pakistan. *Journal of Pakistan Psychiatric Society*, 6(2), 73-78.
36. Kausar, R., & Sharaf, S. (2010). Personality Characteristics and Psychosocial adjustment problems of women prisoners in Pakistan. In Munaf. S (ed.). *Pakistani Women: Psychological and Social Issues* (pp. 111-128). Karachi: BCC & T Press, University of Karachi.

37. Kausar, R., & Akram, S. (2008) Life Satisfaction in Relation to the use of Coping Strategies by Older Adults. Proceedings of 2nd Asian Psychological Association's conference held in Malaysia, Kuala Lumpur, 27-28 June 27-28, 2008 (in Press, Cambridge University Press).
38. Kausar, R., & Kanwal, S. (2008). Psychological Implications of Terrorism for Children: Acute-Stress Disorder symptoms in Children. First International Conference on Psycho trauma. Islamabad, Pakistan, 30 – 31st August 2008, Conference Proceedings (in Press).
39. Jabeen, S., & Kausar, R. Development of Indigenous Obsessive Compulsive Disorder Symptom Checklist. Pakistan Journal of Psychological Research (in press).
40. Kausar R., & Saghir, S. Posttraumatic Growth and Marital Satisfaction after Breast Cancer: Patient and Spouse Perspective. Pakistan Journal of Clinical and Social Psychology (in Press).

Submitted for Publication

1. Kausar R., & Yousaf S. State Anxiety and Coping Strategies Used by Patient with Hepatitis C in Relation to Interferon Therapy. Pakistan Journal of Clinical and Social Psychology.
2. Kausar, R., & Khan A. Q. Stress Appraisal and Psychological well being of Medical Professional working in emergency Units. Journal of Behavioural Sciences.
3. Kausar, R. Perceived Stress, Academic workload and Coping Strategies used by University Students. Journal of Behavioural Sciences.

Conferences presentations

1. Kausar, R., Sitwat, A., & Najam, N. (1990). Coping with the Grief of Death. Pakistan Psychological Association's 7th Conference, Lahore.
2. Kausar, R. (1992). Caregiving to Physically Disabled People. Annual Post-Graduate Students' Conference, University of Surrey, England.
3. Kausar, R., & Powell, G. (1993). Personality and Behaviour Changes in Physically Disabled People and Burden on Carers. British Psychological Society's Annual Conference, Black Pool, England.
4. Kausar, R., & Powell, G. (1995). Psychological Changes in Stroke Patients. Second Annual National Conference on Neurology, Pakistan Institute of Medical Sciences, Islamabad.

5. Kausar, R., & Powell, G. (1996). Psychological Distress in Carers of Patients with Neurological disorders in relation to Cognitive Appraisal of post-onset changes in Patients. Fourth International Conference, Pakistan Association of Clinical Psychologists, November 1996.
6. Kausar, R., & Sarwar, F. (1996). Misconceptions about Etiology and Treatment of Mental Disorders in Pakistani People. Second Muslim Psychology Conference, Lahore, May 1996.
7. Kausar, R., & Powell, G. (1996). Coping and Psychological Distress among Carers of Patients with Neurological Disorders (Physical Disability). First World Congress in Neurological Rehabilitation, Newcastle upon Tyne, England, June 1996.
8. Kausar, R., & Aslam, S. (1997). Depression in Wives in relation to Marital Aggression. Psychological Conference organized by Afro-Asian Psychological Association, Lahore, March 1997.
9. Kausar, R., & Anis, A. (1997). Harassment of women at Workplace. First National Conference on "Women Issues: Psychological Perspectives", Lahore, Pakistan, April 1997.
10. Kausar, R., & Akam, M. (1997). Gender differences in Cognitive appraisal and Coping of Patients with Terminal Vs Non-terminal Diseases. First National Conference on "Women Issues: Psychological Perspectives" organized by Department of Applied Psychology, University of the Punjab, Lahore, Pakistan, April 1997.
11. Kausar, R., & Aslam, S. (1997). Depression in wives in relation to Spousal Aggression. First National Conference on "Women Issues: Psychological Perspectives" organized by Department of Applied Psychology, University of the Punjab, Lahore, Pakistan, April 1997.
12. Kausar, R., & Akram, M. (1997). Cognitive Appraisal and Coping of Patients with Terminal vs. Non-terminal Diseases. Fifth International Conference, Pakistan Association of Clinical Psychologists, Lahore, December 1997.
13. Kausar, R. (1998). Development of Coping Strategies Questionnaire for Pakistani Population. Third Muslim Psychology Conference, Lahore, Pakistan, March 1998.
14. Kausar, R. (1998). Factor Structure of Coping Strategies Questionnaire. National Conference organized by Afro-Asian Psychological Association, Lahore, Pakistan, April 1998.
15. Kausar, R., & Mahmood, Z. (1999). Hand Test Characteristics of ADHD Children, Preliminary Findings. 10th International Conference organized by Pakistan Psychological Association, Lahore, April 4-7, 1999.
16. Kausar, R., & Iqbal, A. (1999). Psychological Implications of Infertility: Gender differences in Psychological Health and Marital Relationship. 10th International Conference organized by Pakistan Psychological Association, Lahore, April 4-7, 1999.

17. Kausar, R., & Jabeen, S. (1999). Caregiving to Cancer patients: Psychological Health and Coping of Carers. 10th International Conference organized by Pakistan Psychological Association, Lahore, April 4-7, 1999.
18. Kausar, R., & Mahmood, Z. (1999). Hand Test Characteristics of the Attention Deficit Hyperactivity Disorder children. European Congress of Psychology, Rome, Italy, July 4-9, 1999.
19. Kausar, R. (2000). Women as Carers. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, March 8, 2000.
20. Kausar, R., & Farooq, M. (2000). Cognitive Appraisal and Coping Strategies Used by Mothers of Mentally Retarded Children. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
21. Kausar, R., & Ilyas, F. (2000). Longitudinal study of Anxiety in Female Cancer Patients Before Receiving Chemotherapy. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
22. Kausar R., & Munir R. (2000). Effect of Gender and Loss of Parents on Adolescents' Coping with Stress. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
23. Kausar, R., & Ilyas, F. (2000). Anxiety in Cancer patients receiving first three successive administrations of Chemotherapy. Sixth National Conference organized by Pakistan Association of Clinical Psychologists, Lahore, April 22-23, 2000.
24. Kausar, R., & Mahmood, Z (2000). Factorial Validity of the ADHD Scale based on DSM IV. Sixth International Conference organized by Pakistan Association of Clinical Psychologists, Lahore, April 22-23, 2000.
25. Kausar, R., & Mahmood, Z. (2000). Cross-cultural comparison of the Hand test scores: some methodological Issues. XXVII International Congress of Psychology, Stockholm, Sweden, July 23-28, 2000.
26. Kausar, R., & Mahmood, Z. (2000). A Factor Analytic Study of the ADHD scales based on DSMIII and DSM IV. XXVII International Congress of Psychology, Stockholm, Sweden, July 23-28, 2000.
27. Kausar, R., & Munir, R. (2001). Effect of Parental Loss and Gender of Adolescents on their Coping with Stress. Fifth International Muslim Psychology Conference, Lahore, February 16-18, 2001.
28. Kausar, R., & Amjad, N. (2003). Personality Differences in University Science and Arts students. Conference on Positive Psychology, Government College University, Lahore, January 25, 2003.

29. Kausar, R., & Raana, S. (2003). Gender Differences in Study Habits and Academic performance of Pakistani British National and Native English School Children. Conference on Women's Psychological Issues, Department of Applied Psychology, University of the Punjab, Lahore, April 2003.
30. Panek, P., Mahmood, Z., & Kausar, R. (2003). Hand test in Pakistan and USA. 7th European Congress of Psychology, Vienna, July 6-11, 2003.
31. Kausar, R., & Sharaf, S. (2004). Personality Characteristics and Adjustment Problems of Female Prisoners, 6th International Muslim Psychological Conference, Lahore, February 20-22, 2004.
32. Kausar, R., & Raana, T. (2004). Effects of Fluoride in Drinking water on Cognitive Functioning of Children. 8th International Conference of Pakistan Association of Clinical Psychologists, Lahore, April 10-11, 2004.
33. Smith, J. I., Holt-Lunsted J., Kausar, R., & Jones B. Q. (2004). Motivation Regulation Strategies for Academic Tasks in two Developing Countries. American Psychological Association's Annual Convention, Hawaii, U.S.A, July 2004.
34. Kausar, R., Hampson, S., Fife-Schaw, C., & Van-den Broek, M. (2004). Head injury Rehabilitation Outcome in Relation to the Carers' Psychological Functioning. International Council of Psychologists' 62nd Annual Convention, Jinan, China, August 3-6, 2004.
35. Kausar, R., & Maqbool, A. (2004). Coping Strategies used by Female patients with Generalized Anxiety Disorder, Bipolar Mood Disorder and Conversion Disorder. National Conference on Role of Psychologists in the Socio-Economic Development of Pakistan, Islamabad, September 9-11, 2004.
36. Iqbal, A., & Kausar, R. (2004). Gender Differences in Psychological Health and Marital Relationship of Infertile Males and Females. National Conference on Role of Psychologists in the Socio-Economic Development of Pakistan, Islamabad, September 9-11, 2004.
37. Kausar, R., Hampson, S., Fife-Schaw, C., & Van-den Broek, M. (2004). Role of Carer coping in Head Injury Rehabilitation. The World Psychiatric Association's Regional and Inter Zonal Meeting, Lahore, September 16-20, 2004.
38. Khan, N., Kausar, R., & Choudhry, H. R. (2004). Demographic Characteristics of Dhat Syndrome Patients in Pakistan. The World Psychiatric Association's Regional and Inter Zonal Meeting, Lahore, September 16-20, 2004.
39. Khan, N., Kausar, R., & Chouhdry, H. R. (2005). Factor Structure of Dhat Syndrome Symptom Checklist. International Conference on Applied and Community Psychology: Trends and Directions, Organized by Department of Psychology, Gurukul Kangri University, Vishwanidyalaya, Haridwar (Uttaranchal), India, February 26-28, 2005.
40. Raana., T., & Kausar, R. (2005). Effect of Ambient Pollution on Memory of Children. International 2005 Conference on Applied and Community Psychology: Trends and

Directions, Organized by Department of Psychology, Gurukul Kangri University, Vishwanidyalaya, Haridwar (Uttaranchal), India, February 26-28, 2005.

41. Raana, T., & Kausar, R. (2005). Pollution and Visuo- Spatial abilities of Children. International Conference in Home Economics, organized by Home Economics College for Women, Lahore, March 2005.
42. Khan, N., & Kausar, R. (2005). Efficacy of Cognitive Behaviour Therapy with PTSD: A Single Case Study. 1st International Conference of SAARC Psychiatric Federation on Mental Health in South Asia Region-Problems and Priorities, Agra, India, ^{December} 2-4, 2005.
43. Kausar, R., & Maqbool, A. (2005). Psychopathology and Coping with Stress: Comparison of Coping Strategies Used by the Patients with Generalized Anxiety Disorder, Bipolar Mood Disorder and Conversion Disorder. 1st International Conference of SAARC Psychiatric Federation on Mental Health in South Asia Region-Problems and Priorities, Agra, India, December 2- 4, 2005.
44. Khan, N., & Kausar, R. (2006). Psychotherapeutic Intervention for Post-Traumatic Stress Disorder: A Single Case Study. International Conference on Earthquake 10/8: Social, Human and Gender Issues, Islamabad, Pakistan, January 15-17, 2006.
45. Kausar, R., & Anas, M. (2006). Gender Differences in Health Related Behaviors and Readiness to Change in Diabetic Patients., 64th Annual Convention, International Council of Psychologists (ICP), Kos, Greece, July 10-13, 2006.
46. Kausar, R., & Jamal, A. (2006). Change in Eating Habits and Health Related Behaviours in Female patients with Osteoporosis. 64th Annual Convention, International Council of Psychologists (ICP), Kos, Greece, July 10-13, 2006.
47. Khan, N., & Kausar, R. (2006). Efficacy of Token Economy with Schizophrenia in Pakistan: A Single Case Study. 64th Annual Convention, International Council of Psychologists (ICP), Kos, Greece, July 10-13, 2006.
48. Kausar, R., & Iqbal, A. (2006). Psychosocial distress in infertile couples. Annual Conference of International Medical Sciences Academy, Lahore, Pakistan, November 3-5, 2006.
49. Bibi, B., & Kausar, R. (2007). Coping Strategies and Psychological Distress in Amputated Earthquake Survivors. International Conference on Disaster Management, Jinnah Convention Centre, Islamabad, January 12-14, 2007.
50. Iqbal, A., & Kausar, R. (2007). Head injury and its implications, Annual Pakistan Psychological Association Conference, Lahore College for Women, Lahore, March 17-18, 2007.
51. Kausar, R., & Iqbal, A. (2007). Implications of head injury: Post onset Cognitive & Behavioural changes. National Conference of Social Sciences for University and Post-Graduate Teachers at the International Islamic University, Islamabad, April 28-29, 2007.

52. Kausar, R., & Khalid, T. (2007). Quality of Life and Depression in Caregivers of Stroke patients. 65th Annual Convention of International Council of Psychologists, San Diego, USA, August 11-14, 2007.
53. Kausar, R., & Shafique, N. (2007). Gender differences in perceived parenting styles and socio-emotional stability of Adolescents. 65th Annual Convention of International Council of Psychologists, San Diego, USA, August 11-14, 2007.
54. Khan, N., & Kausar, R. (2007). Implications of Dhat Syndrome in Pakistan: Preliminary Findings. 65th Annual Convention of International Council of Psychologists, San Diego, USA, August 11-14, 2007.
55. Kausar, R., & Yusuf, S. (2007). State Anxiety and Coping Strategies of Hepatitis C Patients in relation to Interferon Therapy. Annual Conference of International Medical Sciences Academy, Manipal, India, November 2-4, 2007.
56. Kausar, R., & Saghir, S. (2007). Post-Traumatic Growth and Marital Satisfaction after Breast Cancer: Patient and Spouse perspective. Annual Conference of International Medical Sciences Academy, Manipal, India, November 2-4, 2007.
57. Khan, N, Kausar, R., & Choudhary, H. (2007). Manifestation of Dhat Syndrome in Pakistan. Annual Conference of International Medical Sciences Academy, Manipal, India, November 2-4, 2007.
58. Kausar, R., & Yusuf, S. (2008). Patients' Coping with Hepatitis C. International Conference of World Psychiatric Association, Held in Lahore, Pakistan, 27-29 March 2008.
59. Jabeen, S., & Kausar, R. (2008). Development of Indigenous Obsessive Compulsive Disorder Symptom Checklist for Pakistan. International Conference of World Psychiatric Association, Held in Lahore, Pakistan, 27-29 March 2008.
60. Kausar, R., & Akram, S. (2008) Life Satisfaction in Relation to the use of Coping Strategies by Older Adults. 2nd Asian Psychological Association's conference held in Malaysia, Kualalumpur, 27-28 June 27-28, 2008.
61. Kausar, R., Rashid A., & Bashir, N. (2008). Self-Concept and Emotional intelligence of Children in relation to Parental Acceptance Rejection. The Second International Congress, "Acceptance, Rejection, and Resilience Within Family, School, and Social emotional Context" ISIPAR 2008, Held in Crete, Greece 3 – 6 July 2008.
62. Khan, N., Kausar, R., & Choudhry, H. (2008). Manifestation of Dhat Syndrome symptoms in relation to Parental Strictness. The Second International Congress, "Acceptance, Rejection, and Resilience Within Family, School, and Social emotional Context" ISIPAR 2008, Held in Crete, Greece 3 – 6 July 2008.
63. Kausar, R., & Akram A. (2008). Coping Strategies and Quality of Life of Patients with Asthma, XXIX International Congress of Psychology, Berlin, Germany, 20 - 25 July 2008.

64. Kausar, R., Rashid A., & Bashir, N. (2008). Self Concept and Emotional intelligence of Children from orphanages vs those living with intact families (Poster presentation). XXIX International Congress of Psychology, Berlin, Germany, 20 - 25 July 2008.
65. Kausar, R., & Kanwal, S. (2008). Psychological Implications of Terrorism for Children: Acute-Stress Disorder symptoms in Children. First International Conference on Psycho-trauma. Islamabad, Pakistan, 30 – 31st August 2008.
66. Kausar, R., & Zehra, S. K. (2008). Depression, Anxiety and Stress among Mothers of Children with Thalassemia. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.
67. Khan, N., Kausar, R., & Choudhry, H. R. (2008). Demographic Characteristics and Family Correlates of Dhat Syndrome in Pakistan. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.
68. Nasr, T & Kausar, R. (2008). Effect of Family Psycho-education on Burden in Families of Patients with Schizophrenia. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.
69. Mirza, M., & Kausar, R. (2008). Comparison of Perception of Expressed Emotions in the Patients with Schizophrenia, Depression and Obsessive Compulsive Disorder. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.
70. Kausar R., and Maqbool, A. (2009). Coping Strategies used by the patients with Bipolar Disorder, Generalized Anxiety Disorder and Conversion Disorder. Annual Conference of Psychiatry held in Services Hospital Lahore on 15th February 2009.
71. Kausar, R., and Rasul, F. (2009). Religiosity and Post-traumatic Growth in relation to Cancer. International Conference on Culture and Mental Health held in Department of Psychology, GC University Lahore, Pakistan on March 17-21 2009.
72. Kausar, R., and Khan, Q. (2009). Stress Appraisal and Psychological Distress in medical professionals working in emergency units. 23rd Annual conference of European Health Psychology Society in Collaboration with the Italian Society of Health Psychology, Pisa, Italy, 23-26 September 2009.
73. Kausar, R., and Rasool, F. (2009). Post Traumatic Growth and tendency towards religion after the onset of Cancer. 23rd Annual conference of European Health Psychology Society in Collaboration with the Italian Society of Health Psychology, Pisa, Italy, 23-26 September 2009.
74. Iqbal, A., and Kausar, R. (2009). Prevalence of Head injury in Pakistan. 22nd Annual Congress of Pakistan Society of Neurosurgeons. December 17-20, 2009.
75. Kausar, R., and Jabeen, S. Gender differences in resilience and negative and positive affect post cancer onset. National Conference on “Resilience, coping strategies and reconstruction of self among women”, Organized by Department of Applied Psychology, University of the Punjab, Lahore, 11 March, 2010.

76. Hussain, M., and Kausar, R. Psychological Distress and Coping Strategies used by the families of victims of Suicide blasts. First International Conference, Forensic Psychology: Issues and Intervention, Organized by Department of Psychology, GC University, Lahore, Pakistan, 31st March – 3rd April 2010.
77. Haq, H., and Kausar, R. Resilience, Cognitive Appraisal and Coping Strategies used by Traffic Police Wardens in relation to Terror Attacks. First International Conference, Forensic Psychology: Issues and Intervention, Organized by Department of Psychology, GC University, Lahore, Pakistan, 31st March – 3rd April 2010.
78. Kausar, R., and Tahira Anwar. Perceived Stress, Stress Appraisal and Coping Strategies Used in relation to Television Exposure of Terrorism. First International Conference, Forensic Psychology: Issues and Intervention, Organized by Department of Psychology, GC University, Lahore, Pakistan, 31st March – 3rd April 2010.
79. Iqbal, A., and Kausar, R. Determinants of Marital Conflicts in Infertile. First International Conference, Forensic Psychology: Issues and Intervention, Organized by Department of Psychology, GC University, Lahore, Pakistan, 31st March – 3rd April 2010.
80. Iqbal, A., and Kausar, R. Prevalence of Psychopathologies in Brain injured patients. First International Conference, Forensic Psychology: Issues and Intervention, Organized by Department of Psychology, GC University, Lahore, Pakistan, 31st March – 3rd April 2010.

Conferences Attended only

1. Conference "Collaborating with the Commonwealth: Funding for Future Research Partnership Opportunities" organized by the British Academy, London, 23rd November 2001.
2. 3rd International HRD Congress on Human Security & Social Development: Issues & Perspectives, at Hotel Marriott, Islamabad, November 25-26, 2006.
3. National Conference on "Professional Development of Teachers at Higher Education in Pakistan", organized by the HEC, Islamabad, 16-18 January, 2007.
4. International moot on Social Sciences, Islamic International University, Islamabad, April 28, 2007.
5. American Psychological Association's 115th Annual Convention, San Francisco, USA, August 17-20, 2007.
6. Women's Education Worldwide Student Leadership Conference (accompanied University students), hosted by Mount Holyoke College and Smith College, USA, June 10 – 13, 2008.
7. 3rd International Conference on Developmental Psychopathology: Prevalence, Management & Prevention, National Institute of psychology, Islamabad, 13-15 October 2009.

Scientific Sessions Chaired

1. Scientific Session in the World Psychiatric Association's Regional and Inter Zonal Meeting, Lahore, September 16-20, 2004.
2. Scientific Session in International Conference on Applied and Community Psychology: Trends and Directions, Organized by Department of Psychology, Gurukul Kangri Vishwanidyalaya University, Haridwar (Uttaranchal) , India, February 26-28, 2005.
3. Scientific Session in International conference in Home Economics Organized by Home Economics College for Women, Lahore, March 2005.
4. Muhammad Rashid Choudhry Memorial Lecture on "Communication Skills" organized by Fountain House Lahore on June 4, 2005.
5. Scientific Session in International Conference on Earthquake 10/8: Social, Human and Gender Issues, Organized by Fatima Jinnah Women University, Rawalpindi and University of Azad Jammu & Kashmir, Muzzafarabad, January 15-17, 2006.
6. Scientific Session in 64th Convention of International Council of Psychologists, Kos, Greece, July 10-13, 2006.
7. Chaired an invited Lecture on Women's Changing Values and Attitudes, Fatima Jinnah Women University, Rawalpindi, Pakistan, 2007.
8. Scientific Session in the Second International Congress, "Acceptance, Rejection, and Resilience With in Family, School, and Social emotional Context" ISIPAR 2008, Held in Crete, Greece 3 – 6 July 2008.
9. Scientific Session in the First International Conference on Psycho-trauma, Islamabad, Pakistan, 30 – 31st August, 2008.
10. Chair Scientific Committee Annual Conference of International Medical Sciences Academy (IMSACon08) held in Dubai, 11 – 13 Oct, 2008.
11. Scientific Session in Annual Conference of International Medical Sciences Academy, Dubai 11- 13th October, 2008.
12. Scientific Session on "Expressed Emotions (EE) in Families with Schizophrenic Patients in International Conference on Culture and Mental Health held in Department of Psychology, GC University Lahore, Pakistan on March 17-21 2009.
13. Scientific Session II, 3rd International Conference on Developmental Psychopathology: Prevalence, Management & Prevention, National Institute of psychology, Islamabad, 13-15 October 2009.
14. Scientific Session VI, First International Conference, Forensic Psychology: Issues and Intervention, Organized by Department of Psychology, GC University, Lahore, Pakistan, 31st March – 3rd April 2010.

Research Supervision (PhD, M.Phil, M. Sc, BS)

Ph.D Complete

- 1.Khan, N. Psychological implications of Dhat Syndrome (Semen Loss anxiety) in Pakistan.
- 2.Raana, T. Ecological Perspective: Effect of Air and Water Pollution on Cognitive Functioning of Children.
- 3.Najeeb, M. Development of Perceived Expressed Emotions Scale and its demonstration on patients with Schizophrenia, OCD, Depression and normal controls.

Ph.D ongoing

- 1.Nasar, T. Effect of Family Psycho education on Relapse prevention of schizophrenia and Family Burden (viva awaited).
- 2.Jabeen , S. Prevalence, Symptom Manifestation, Etiology and Precipitating Factor in Patients with OCD (viva awaited).
- 3.Naz, F. Parental acceptance rejection and childhood abuse in adolescents with Somatoform disorders (in progress).

Post-Doc Supervision (ongoing)

(Institute of Psychiatry, London, University of London, UK, Co-supervisor)

Khan, N. Psychological & Gynecological Morbidity in Women presenting with Vaginal Discharge in Pakistan

M. Phil Completed

- 1.Iqbal, A. 2002 Post onset Cognitive and Personality Changes in Head injured patients.
- 2.Amjad, N. 2001 A Comparative Study of Personality of Male and Female Arts and Science students.
- 3.Rana, S. A. 2001A Comparative Study of Study Habits & Academic Performance of Pakistani British Students and White British Students of High Schools of England.
- 4.Hanif, S. 2001Development of Student Problem Checklist.
- 5.Jamal, Y. 2001Development of Vocabulary Test for Pakistani School Children.

M.Phil Ongoing

1. Ali S. Relationship between Perceived Parental and Teacher Acceptance and Rejection, Personality and Academic Performance of Children.

M.Sc Completed

1. Saleem, M. 2009 Effect of Parental Acceptance and Rejection on Self-image, Self-esteem and Academic Performance of Children.
2. Kanwal, S. 2009 State-Trait Anxiety and Perceived Stress in Relation to Academic Workload in University Students.
3. Anjum, S. 2009 Parental Acceptance, Rejection in relation to Behavioural Problems in Children.
4. Bilal, A. 2009 Academic Procrastination, Anxiety and Academic Performance of Students.
5. Anwar, T. 2009 Perceived Stress, Stress Appraisal and Coping Strategies used in relation to Depiction of Terrorism on TV.
6. Jabeen, S. 2009 Relationship between Resilience and Mood Post Cancer onset.
7. Saleem, F. 2009 The Effect of Computer Use on Social Interaction and Academic Performance of Adolescents.
8. Kazmi, R. S. 2009 Relationship between Parental Acceptance Rejection and Self Efficacy in Adolescents.
9. Fayyaz, H. 2009 Perceived Stress and Anxiety among Younger and Older Generation in relation to the Media Depiction of Terrorism.
10. Zaman, K. 2009 Anxiety and Coping Strategies in relation to Daily Hassles among University Students.
11. Zaman, S. 2009 Anxiety and Coping Strategies among University Students.
12. Kanwal, S. 2008 Psychological Effects of Terrorism on Children: Acute Stress Symptoms in Children.
13. Shami, S. 2008 Gender Differences in Self Determination and Quality of Life of Physically Disabled Young Individuals.
14. Rasool, R. 2008 Posttraumatic Growth and Tendency towards Religion after onset of Cancer.
15. Khan Q. A. 2008 Stress Appraisal and Psychological well being of Medical Professional Working in Emergency Units

16. Muneer, B. 2007 Socio-Emotional Adjustment of Adolescent in Single Parent Families And Those from Intact Families
17. Zehra, S. K. 2007 Depression, Anxiety and Stress among the Mothers of children with Thalassemia.
18. Saghir, S. 2007 Posttraumatic Growth and Marital satisfaction after Breast Cancer: Patients and Spouse Perspective.
19. Rasheed, A. 2007 Self-Concept and Social Adjustment of Adolescents from Orphanages and those from Intact Families.
20. Akram, A. 2007 Coping strategies and Quality of life of Asthmatic Children.
21. Rashid, M. 2007 Self – Efficacy and Sociability in Younger Adults having Siblings with and without Mental Retardation.
22. Saghir, S. 2007 Relationship between Self -Concept and Perceived Parental Favoritism in relation to Birth order of Adolescents.
23. Yusuf, S. 2007 State Anxiety and Coping Strategies among Hepatitis C Patients in relation to Interferon Therapy.
24. Akram, S. 2006 Life Satisfaction in relation to Coping Strategies used by the older adults.
25. Malik, F. 2006 Health Locus of Control and Quality of Life in Chronic Cigarette Smokers
26. Shafique, N. 2006 Perceived parenting styles and emotional stability among the children of Elite and Model schools
27. Naqvi, A S. 2006 Effect of sleep wake patterns on academic performance of students.
28. Bibi, B. 2006 Coping Strategies and Psychological Well- Being of amputated Earthquake Survivors
29. Khalid, T. 2006 Depression and Quality of Life among Caregivers of Stroke Patients
30. Nafees, R. 2006 Effect of head injury on Neuropsychological Functioning.
31. Asghar, N. 2006 Violence in films and its impact on behaviour of Pakistan male Teenagers.
32. Mubarak, A. 2005 Psychological Implications of Mobile Phone Use among Youngsters.
33. Mubashar, T. 2005 A comparative study of job satisfaction among Bank employees.
34. Anas, M. 2004 Gender Differences in Health Related Behaviour and Readiness to Change in Patients with Diabetes.

35. Jamal, A. 2004 Eating Habits and Health Related behaviours in Female Patients with Osteoporosis.
36. Rashid, M. 2004 Marital Adjustment of Couples Having First Child compared to those with No Child.
37. Shahid, M. 2004 Traffic Related Stresses and Coping Strategies Used by the Drivers.
38. Maqbool, A. 2003 Coping Strategies Used by Patients with Depression, Anxiety Disorders and Conversion Disorder.
39. Fareed, H. 2000 Causal Factors, Cognitive Appraisal and Coping Strategies Used by AIDS Patients.
40. Sharaf, S. 2000 Psychosocial Adjustment Problems and Personality Characteristics of Female Prisoners.
41. Sheikh, H. R. 1999 Behaviour Characteristics of Attention Deficit Hyperactivity Disorder Children and Non-Attention Deficit Hyperactivity Disorder Children Using the Hand Test.
42. Munir, R. 1999 Effect of Parental Loss and Gender on Adolescent's coping with Stress.
43. Humaira, S. 1999 Post onset Personality Changes and Memory Deficits in Head Injured Patients.
44. Farooq, M. 1999 Cognitive Appraisal and Coping Strategies Used by Mothers of Mentally Retarded Children.
45. Ilyas, F. A. 1999 Longitudinal Study of Anxiety in Cancer patients before Receiving Chemotherapy.
46. Jabeen, S. 1997 Psychological Health and Coping Strategies used by Family Carers of Cancer Patients.
47. Iqbal, A. 1997 Psychological Implications of Infertility: Gender Differences in Psychological Health and Marital Relations.
48. Jamila, S. 1997 Effects of Parental Death and Gender on Psychosocial Problems of Children.
49. Akram, M. 1996 Cognitive Appraisal and Coping of Patients with Terminal Versus Non-Terminal Diseases.
50. Watto, H. I. 1995 Social Stress, Coping, in Relation to Psychological Distress.
51. Lubna, M. 1995 Coping with stress in Relation to Personality.
52. Aslam, S. 1995 Depression among Women in Relation to Marital Aggression.

- 53.Nassar, R. 1995 A Comparative Study of Medical Professionals Dealing with Cancer Patients and General Medicine Patients on Burnout and Coping Strategies.

M.Sc Ongoing

- 1.Bano, S. Self-Esteem, Coping and Quality of Life of Women with Breast Cancer Receiving Chemotherapy.
- 2.Aslam, S. Gender differences in Gratitude, Self efficacy and Psychological Wellbeing of adolescents.
- 3.Azhar, R. Comparison of Smokers and non Smokers on Neuropsychological Functioning.
- 4.Khatoun, A. Parental Acceptance Rejection, Emotional Intelligence and Emotional Empathy.
- 5.Mazafer M. Comparison of Disabled and Able Students on Academic Achievement and Motivation.
6. Haq, H. Resilience, Cognitive Appraisal and Coping Strategies used by Traffic Police Wardens in Relation to Terror Attacks.

BS. Hons Ongoing

- 1.Javed, A. Moral Values and Forgiveness in Private vs Public Sector School Children.
- 2.Tahira, A. Comparison of Psychiatric and Non-psychiatric Population on Depersonalization Symptoms.
- 3.Hussain, M. Coping Strategies and Psychological distress among families of Suicide Blasts Victims.
- 4.Meo, S. B. Hardiness and Resilience in Commissioned and Non Commissioned Army Personnel.

Research Grants obtained

1996-1997	University of the Punjab, Lahore, Pakistan. "Cognitive appraisal, coping and psychological distress in carers of patients with Neurological disorders".
2001-2002	Association of Commonwealth Universities. "Effect of Carers' coping and psychological functioning on rehabilitation outcome of head injured patients".
2005	Higher Education Commission, Pakistan, "Stress, Workload and Coping by University Students".
2008	University of the Punjab, Lahore, Pakistan. Social and Emotional Development of Adolescents in relation to Parental Acceptance Rejection and Father Involvement.
2010	University of the Punjab, Lahore, Pakistan. Translation of STAI (Spielberger) in Urdu.

Seminars and Invited Lectures

1. Talk on Role of Clinical Psychologist in District Hospitals and need of Psychiatry Wards at the District Level in Pakistan, at a Seminar organized by Government Post Graduate College for Women, Satellite Town, Gujranwala, 1986.
2. Rehabilitation of Mentally Retarded Children, at Directorate of Special Education Lahore, Pakistan, 1990.
3. The Carers of Physically disabled people, at Roe Hampton College, London, UK, December 1994.
4. The Carers' Coping with Post-onset Changes in Physically Disabled People, at Parkhead Hospital, Department of Clinical Psychology, Glasgow, Scotland, UK, December 1994.
5. Caregiving, Cognitive Appraisal, Coping and Psychological Distress at the Psychologists' Forum's meeting, University of the Punjab Lahore, Pakistan, April, 1995.
6. Stress, Coping and Adjustment, to in service Post-graduate teachers, Murree, Pakistan, July, 1995.
7. Stress and Coping, in Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan, October, 1995.
8. Coping and Adjustment, in Staff Development Workshop for in-service College teachers in Lahore, Pakistan, 1996.

9. Childhood Disorders and their Identification, Directorate of Special Education Lahore, Pakistan, 1996.
10. Social Attitudes in the context of Women Empowerment, in Educational workshop for the political Educators from Sialkot Zone, organized by Aurat Foundation, Pakistan, June 6, 1998.
11. Research Methods, to Trainee Civil Servants in Civil Services Academy, Lahore, 1998.
12. Multivariate Statistical Analysis of Data, in a Workshop in Recent Advancement in Research Methodology, in Psychiatry Department, King Edward Medical College, Mayo Hospital, Lahore, 1998.
13. Psychological impact and Coping of Cancer patients' Carers, presented in a seminar on Psychosocial implications of Cancer, Shoukat Khanum Memorial Hospital and Research Centre, Lahore, February 12, 2000.
14. Risk / Causal Factor of Drug Abuse, 100 NGO' workshop organized by Anti Narcotic Force Punjab, June 23, 2000 (Published in Proceedings).
15. Identifying Problem Areas through Data Collection, Research, Survey, 100 NGO' Workshop organized by Anti Narcotic Force Punjab, June 23, 2000 (Published in Proceedings).
16. Literature Review in Research, a training workshop on "Research Methods" at Teacher Training Centre for Disabled People, Directorate of Special Education, Garden Town, Lahore, April 21, 2001.
17. Forming Hypotheses in a training workshop on "Research Methods" at Teacher Training Centre for Disabled People, Directorate of Special Education, Garden Town, Lahore, April 21, 2001.
18. Psychological Assessment and Its importance, in Special Education at Teacher Training Centre for Disabled People, Directorate of Special Education, Garden Town, Lahore, May 7, 2001.
19. Personality Development, in a Seminar on Job Hunting Skills, Organized by Department of Human Resource Development, University of the Punjab, Lahore, July 1, 2001.
20. Data Analyses using SPSS, in a training workshop for in-service postgraduate teachers in Psychology, organized by the Higher Education Commission, June 7, 2003.
21. Role of Family in Drug use Prevention, in a workshop organized by Anti Narcotic Force, Punjab, in May 2005.
22. Psychology and its areas of Specialization, in the HEC's teacher training workshop organized by Human Resource Department, University of the Punjab, Lahore on June 16 2005.

23. Key note Address on “Barriers In Communication and Behaviour Change: Specific Reference To HIV/AIDS, in a Seminar on “Media Advocacy” organized by Pakistan National AIDS consortium at Holiday INN, Islamabad on March 21st 2006.
24. Stress Management, in a Workshop on Leadership and Management, at Fatima Jinnah Women University, from Feb20 to 23, 2007.
25. Invited Lecture on “Analyzing Research Data Using SPSS” at MAO College, Lahore. February, 2009.
26. Seminar on “Research Methodology” at the Research Centre of the University College of Art and Design, University of the Punjab, Lahore. March 1, 2010.
27. Lecture on “Quantitative analysis of Research Data” in a three day workshop on “Conducting and Publishing Research” organized by Department of Applied Psychology, University of the Punjab in collaboration with Learning and Innovation Division of Higher Education Commission, Pakistan, April 5-7, 2010.

Workshops Conducted

1. “Developing Semantic Differential Scales” jointly with Dr. Zahid Mahmood, Clinical Psychologist, form Glasgow, Scotland, organized by the Pakistan Association of Clinical Psychologists, held in Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan in December, 1997.
2. “Hand Test” jointly with Dr. Zahid Mahmood, Clinical Psychologist, form Glasgow, Scotland, organized by the Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan on 14th April, 1999.
3. "Statistical Package for Social Science", jointly with Dr. Nasira Jabeen, in Faculty Development Programme, Organized by University of the Punjab, Human Resource Development Department, held in September 2001.
4. “SPSS use and interpretation of the output”, at Sociology Department, University of the Punjab, Lahore, 2004.
5. “Data Management and its use for Development of Education” Organized by Academy of Educational Planning and Management, Ministry of Education and Department of Human Resource Development, University of the Punjab, 12th June, 2004.
6. “Counseling Techniques” at Fatima Jinnah Women University, Rawalpindi, held in August 2004.
7. “Advanced Diagnostic Techniques” at Fatima Jinnah Women University, Rawalpindi.
8. “Personal Grooming” organized by Fatima Jinnah Women University, Rawalpindi, Pakistan for Faculty Development, November, 2007.

Workshops, Conferences and Lectures Organized

28. Helped organizing First One day National Conference on “Women Issues: Psychological Perspectives”, at the Department of Applied Psychology, University of the Punjab, Lahore, Pakistan, April, 1997.

29. Helped organizing a Lecture on “Counseling Psychology in Britain” by Johnny Doyll a Counseling Psychologist from Glasgow, U. K., at the Department of Applied Psychology, December, 1997.
30. Helped organizing one day Seminar on “the Tragic incident of child Abuse and Killing: Lessons Learned and What Needs to be done”, at the Department of Applied Psychology, University of the Punjab, December, 15, 1999.
31. Organized a Seminar on “Brain and Behaviour” delivered by Dr. Mazhar Khan (Chartered Psychologist from USA), at the Department of Applied Psychology, University of the Punjab, March 6, 2000.
32. Organized a Seminar on “Perception of Medical Images for Diagnostic and Surgery purposes”, by Dr. Jorg Huber, Roe Hampton College, London, at the Department of Applied Psychology, University of the Punjab, April 8, 2000.
33. Helped organizing a Workshop on “Projective techniques” by Dr. Zahid Mahmood, a Clinical Psychologist from UK, at the Department of Applied Psychology, University of the Punjab, April 16, 2000.
34. Helped organizing a Workshop on “Projective techniques” by Dr. Zahid Mahmood, a Clinical Psychologist from UK, at the Department of Applied Psychology, University of the Punjab, April 16, 2000.
35. Helped organizing one day Conference on “New Direction in Research for Women”, at the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
36. Helped organizing workshop on “Research Skills” for Ph.D scholars, by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, at the Department of Applied Psychology, University of the Punjab, April 4, 9, 2003.
37. Organized a seminar on “Child Psychotherapy” by Dr. Valerie Orangzeb (USA). November 2003.
38. Organized a Seminar on “Qualitative research Methods, a case for Depression in women” By Dr. Aisha Tareen (UK), at the Department of Applied Psychology, University of the Punjab, December, 2003.
39. Organized a special lecture on “Attention Deficit Hyperactivity Disorder” By Ms Umneea Khan, January 12, 2004.
40. Organized a special lecture on “Neurological Problems leading towards behavior problems”, By Dr. Munawar Hayyat. January 19, 2004.
41. Organized a seminar on “Hypnosis: an important tool in Psychotherapy”, By Ms Farzana Noor. February 16, 2004.
42. Organized a seminar on “Application of Rational Emotive Therapy” By Ms Cyma Iqbal (USA). February 25, 2004.
43. Organized a conference in the Department on “Role of women in Different Fields of life” on International Women Day, March 11, 2004.
44. Organized a seminar on “Preparing Research Proposals and Grant Applications”, By Dr. Waheed Akhtar. March 23, 2004.
45. Organized a Symposium on “Student Counseling and Assessment Services” at the Department of Psychology and Applied Psychology, University of the Punjab, April 6, 2004.

46. Organized a Seminar on “Reiki” By Mrs Mahmooda Aftab (Clinical Psychologist), April 15, 2004.
47. Organized a special Lecture on “Perception of Art work” By Dr. Shahida Manzoor. April 22, 2004.
48. Organized a special lecture for Ph.D scholars on “Doing Qualitative Research” By Ms Umneea Khan. May 9, 2004.
49. Organized a Seminar on “Women Rights in South Asia”, By Ms Nadia Siddiqui, UK. June 21, 2004.
50. Organized a special lecture on “Multivariate Analysis of Data” By Dr. Khudadad. July 19, 2004.
51. Helped organizing a workshop on “Counseling for Victims of Domestic Violence” By Dr. Zahid Mahmood (UK) under DFID Link Programme. September 2004.
52. Organized a special lecture on “Psychopharmacology” By Dr. Haroon Rashid Chaudhry. November 4, 2004.
53. Helped organizing a workshop on “Qualitative Research” by Prof. Erica Berman (UK) under DFID Link Programme. March, 2005.
54. Helped organizing a workshop on “Counseling techniques” by Khatija (UK) under DFID Link Programme. March, 2005.
55. Organized a workshop on “REBT: Assessment and Intervention Techniques” by Ms. Cyma Salman (USA) at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 2005.
56. Organized a workshop for Ph.D scholars on “Literature Search” by Ms. Naumana Amjad at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 18th May, 2005.
57. Organized a workshop for Ph.D scholars on “Writing and summarizing research work” by Ms. Naumana Amjad at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 25th May, 2005.
58. Organized a workshop on “Reiki Level I” by Dr. Shahryar, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 28th May, 2005.
59. Organized a workshop on “Reiki Level II” by Dr. Shahryar, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 4th June, 2005.
60. Organized workshop I on “Basics of Behaviour therapy” by Dr. Nashi Khan a Consultant Clinical Psychologist, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 11th June, 2005.
61. Organized workshop II on “Techniques of Behaviour therapy” by Dr. Nashi Khan a Consultant Clinical Psychologist, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 18th June, 2005.
62. Organized a Workshop on “Core Research Skills and Data Analysis” in collaboration with Military Hospital, Rawalpindi by Prof Dr. Amanda Lee, Dr Gareth Jones, Prof. Alexander and Dr. Susan Klein from UK, 11-12 Jan, 2007.
63. Helped organize Annual Conference of International Medical Sciences Academy (IMSACon08) held in Dubai, 11 – 13 Oct, 2008.

64. Organized Women Day activities on 11th March 2009.
65. Seminar on “Women in Higher Management”, on Women Day activities on 11th March 2009.
66. Seminar on “Psychological implications of human rights violation” on Human Rights day, in December, 2009.
67. Organized National Conference (to commemorate International Women’s Day) on “Resilience, Coping Strategies and Reconstruction of self among Women”, Department of Applied Psychology, University of the Punjab, March 11, 2010.
68. Organized three day workshop on “Conducting and Publishing Research” for Post-Graduate level of teacher and Ph.D scholars in collaboration with Learning and Innovation Division of Higher Education Commission, Pakistan, April 5-7, 2010.

Ph.D, M.Phil Evaluation

1. Ph.D theses examiner, Department of Psychology, Ali Garh Muslim University, India.
2. Ph.D, and M. Phil theses examiner, National Institute of Psychology, Quaid-e-Azam University, Islamabad.

Fellowships and Memberships

1. Fellow, International Medical Sciences Academy (awarded in Manipal, India 2007)
2. Member British Psychological Society, UK (BPS, Membership No 135809).
3. Member American Psychological Association (International Affiliated member No 8899-2661, 2007).
4. Full Member of the European Health Psychology Society (EHPS, Member ID1081).
5. Member International Council of Psychologists (ICP, from 2003 onwards).
6. Member International Association of Applied Psychology (IAAP).
7. Member International Positive Psychology Society (2007).
8. Member Asian Psychological Association (APsYA).
9. Life Member, Pakistan Psychological Association (PPA).
10. Chairperson, Department Doctoral Programme Committee, Department of Applied Psychology, University of the Punjab (Nov 2003- Nov 2005).
11. Chairperson, Inter University Faculty Board (IUFB) for Developing Psychology and Applied Psychology Courses for Universities in Punjab (2005, on the Chancellor’s directives).
12. Convener, Board of Studies, Psychology and Applied Psychology, University of the Punjab, Lahore (Nov 2003- Nov 2005). Member Board of Studies, Department of Special Education, University of the Punjab, Lahore.
13. Member, Doctoral Programme Committee, Department of Special Education, University of the Punjab, Lahore.
14. Member, Board of Studies, Psychology and Applied Psychology, University of the Punjab, Lahore.
15. Member, Science Faculty Board, University of the Punjab, Lahore.
16. Member Academic Council, University of the Punjab, Lahore.
17. Member Senate, University of the Punjab, Lahore.
18. Member Academic Council, Fatima Jinnah Women University, Rawalpindi (Jan 06-Oct 2007).
19. Member of Research Advisory Committee of National Institute of Psychology, Centre of Excellences, Quaid-e-Azam University, Islamabad, Pakistan.
20. Member Collaboration and Linkages Committee, Fatima Jinnah Women University,

- Rawalpindi, Pakistan (Jan 06-Oct 2007).
21. Member of Advanced Research Committee, Fatima Jinnah Women University Rawalpindi, Pakistan (Jan 06-Oct 2007).
 22. Member of Thesis Committee, Fatima Jinnah Women University Rawalpindi, Pakistan (Jan 06-Oct 2007).
 23. Chair, University Journal Committee, Fatima Jinnah Women University Rawalpindi, Pakistan (2006-Oct 2007).

Journal Editing and Reviewing

1. Chief Editor, Journal of Behavioural Sciences, official Publication of Department of Applied Psychology, University of the Punjab, Lahore (2003-2005; 2007 onwards).
2. Chief Editor “Psychological Abstracts”, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan (1994-2004, 2005 onwards).
3. Senior Editor, Journal of Gender and Social Issues, official Publication of Fatima Jinnah Women University, Rawalpindi (2006-2007).
4. Senior Editor “Research Abstracts”, Fatima Jinnah Women University, Rawalpindi (2006-2007).
5. Member, Editorial Board, Journal of Social and Clinical Psychology. Department of Psychology, GC University, Pakistan
6. Member, Editorial Board, Pakistan Journal of Professional Psychology.
7. Consulting Editor, Pakistan Journal of Psychological Research. National Institute of Psychology, Quaid-e-Azam University, Islamabad, Pakistan.
8. Consulting Editor, Indian Journal of Psychology and Mental Health, India.
9. Consulting Editor, Journal of Gender and Social Issues, Fatima Jinnah Women University, Lahore, Pakistan.

Referees

- Prof. Dr. Chris Fife-Schaw, Psychology Department, School of Human Sciences, University of Surrey, England, GU2 5XH, Email: c.fife-schaw@surrey.ac.uk.
- Dr. Regina Pauli, Psychology Department, School of Human Sciences, Roe Hampton University, London, Residence: 74 Seymour Ave. Ewell Surrey, KT17 2RS, Tel: 020 87865813, Email: r.pauli@roehampton.ac.uk
- Ms. Samina Whales, Clinical Psychologist, New South Wales, Sydney, Australia. Phone No Home: 02-96804557; Work: 02-47322388, Email Whales@wahs.nsw.gov.au