

**HEC Recognized Health Science Journals**  
**Research Journals available in list are Valid/Recognized Upto June 30,2020**  
**From July 01, 2020 to June 30,2021 HJRS listed Journals will be Valid/Recognized**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
1	Journals of the College of Physicians and Surgeons Pakistan (JCPS) (ISSN: 1022-386X)	College of Physicians and Surgeons Pakistan <b>Address:</b> 7 <sup>th</sup> Central Street, Defence Housing Authority, Karachi	Prof. Zafar Ullah Chaudhry ----- (Chief-Editor)	---	---	---	Initial *DOR: <b>01.07.2009</b> ----- <b>Currently in "W" Category</b>	03009251497 021-99207100-10, Ext: 224 021-99266439	publications@cpsp.edu.pk & jamjim88@yahoo.com	www.jcpsp.pk
2	Pakistan Journal of Medical Sciences (ISSN: 1681-715X) ISSN: 1682-024X)	Professional Medical Publications <b>Address:</b> 522, 5th Floor, Panorama Centre, Building No. 2, P.O. Box 8766, Saddar, Karachi	Dr. Shaukat Ali Jawaid ----- (Chief-Editor)	Initial *DOR: <b>07.11.2006</b>	**DOU: 20.11.2009	---	Initial *DOR: <b>01.07.2009</b> ----- <b>Currently in "W" Category</b>	03008262057 021-35688791 021-35689285 Fax: (021) 3568986	pjms@pjms.org.pk & editor@pjms.org.pk	www.pjms.org.pk
3	Pakistan Journal of Pharmaceutical Sciences (ISSN: 1011-601X)	Office of the Dean <b>Address:</b> Office of the Dean, Faculty of Pharmacy, University of Karachi.	Prof.Dr.Rahela Ikram ----- (Chief-Editor)	---	---	---	Initial *DOR: <b>01.07.2009</b> ----- <b>Currently in "W" Category</b>	03002280048 02199261367	pjps@uok.edu.pk	www.pjps.pk
4	Journal of Pakistan Medical Association (JPMA) (ISSN:0030-9982)	<b>Address:</b> P.M.A House, Aga Khan III Road, Karachi	Fatema Jawad ----- (Chief Editor)	Initial **DOR: 1.07.2012	---	**DOU: 13.05.2011	Initial *DOR 01.07.2012 ----- <b>Currently in "W" Category</b>	<b>03009371024</b> 021-32226443	editor@jpma.org.pk & jpmaofficial@gmail.com	www.jpma.org.pk
<b>Health Sciences Research Journal of "Y" Category</b>										
5	Pakistan Heart Journal ISSN: 0048-2706 ISSN: 2227-9199	Official Journal of Pakistan Cardiac Society ----- <b>Address:</b> Deptt: of Cardiology, Lady Reading Hospital, Peshawar	Dr. Adnan Mahmood Gul ----- (Chief Editor)	---	+DOD: 20.05.2019 <b>Currently in "Y" Category</b>	Initial **DOR: 19.07.2012	---	03339103382 03005987254	pheartjlrh@gmail.com & pheartjlrh@gmail.com	www.pakheartjournal.com

## HEC Recognized Health Science Journals

**List Updated on: September 19,2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
6	Pakistan Pediatric Journal ISSN: 0304-4904 ISSN: 2305-820X	Official Journal of Pakistan Pediatric Association ----- <b>Address:</b> 180-H, M A Johar Town, Lahore Pakistan	Prof. Said ul Haque ----- (Chief Editor)	Initial **DOR: 20.11.2009	**DOU: 13.05.2011 ----- +DOD: 06.03.2018 <b>Currently in "Y" Category</b>	**DOU: 23.01.2015	---	03008480180 03334211214 03004830006	dr.saidulhaque@gmail.com & drmas54@gmail.com	www.pakpedsjournal.org.pk
7	Rawal Medical Journal ISSN: 0303-5212	Official journal of Pakistan Medical Association ----- <b>Address:</b> Deptt: of Gastroenterology, Shifa International Hospital, Islamabad	Dr. Nasir Khokhar ----- (Chief Editor)	?	**DOU: 13.05.2011 ----- 06.03.2018 <b>Currently in "Y" Category</b>	**DOU: 23.01.2015	---	03455430183 03335101366	drnkhokhar@yahoo.com & Mazarm16@hotmail.com	www.rmj.org.pk
8	Isra Medical Journal (ISSN: 2073-8285)	Official Journal of ISRA University ----- <b>Address:</b> Farash Town, Lehtrar Road, Islamabad	Prof. Umar Ali Khan ----- (Chief Editor)	---	Initial*DOR: 19.07.2012 ----- +DOD: 06.03.2018 <b>Currently in "Y" Category</b>	**DOU: 19.10.2015	---	03335545772 051-8439901	imj@isra.edu.pk	www.imj.edu.pk
9	Journal of Islamic International Medical College ISSN: 1815-4018	Official Journal of Islamic Int. Medical College Trust ----- <b>Address:</b> Riphah International University, Islamabad	Lt.Gen.Azhar Rashid (Retd) ----- (Chief Editor)	---	Initial *DOR: 05.11.2013 ----- <b>Currently in "Y" Category</b>	---	---	03005262726 03005190704	chief.editor@riphah.edu.pk & managing.editor@riphah.edu.pk	www.jiimc.riphah.edu.pk
10	Anaesthesia, Pain & Intensive Care (ISSN: 1607-8322)	Official Journal of Pakistan Society of Anesthesiologist ----- <b>Address:</b> 60-A, Nazim-u-Din Road, F-8/4, Islamabad	Dr. Tariq Hayat Khan ----- (Chief Editor)	Initial *DOR: 20.11.2009	**DOU: 13.05.2011 ----- <b>Currently in "Y" Category</b>	---	---	03215149709	apicjournal@gmail.com & apicare@yahoo.com	www.apicareonline.com

**HEC Recognized Health Science Journals**  
**List Updated on: September 19,2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
11	Journal of the Pakistan Dental Association ISSN: 1680-2292	Official Journal of ----- <b>Address:</b> 3 <sup>rd</sup> Floor Mahmood Center, BC-11, Khayaban-e-Iqbal, Clifton Block-9, Karachi	Prof. Dr. Ayyaz Ali Khan ----- (Chief Editor)	---	Initial **DOR: 20.11.2009 ----- <b>Currently in "Y" Category</b>	---	---	03008454981 03212437304	editorinchief@jpda.com.pk & editor@jpda.com.pk	<a href="http://www.jpda.com.pk">www.jpda.com.pk</a>
12	Journal of Surgery Pakistan ISSN: 1817-0242	Official Journal of Int. College of Surgeons Pakistan ----- <b>Address:</b> Deptt: of Pediatric Surgery, National Institute of Child Health, Rafiquee (HJ) Shaheed Road, Karachi	Dr. Jamshed Akhtar ----- (Editor)	Initial *DOR: 20.11.2009	**DOU: 13.05.2011 ----- <b>Currently in "Y" Category</b>	---	---	03009251497	jamjim88@yahoo.com & jsurgpakistan@yahoo.com	<a href="http://www.jsp.org.pk">www.jsp.org.pk</a>
13	Journal of Liaquat University of Medical & Health Sciences ISSN: 1729-0341	Official Journal of LUMHS ----- <b>Address:</b> LUMHS, Jamshoro	Dr. Abdul Aziz Laghari ----- (Editor)	Initial *DOR: 20.11.2009	**DOU: 13.05.2011 ----- <b>Currently in "Y" Category</b>	---	---	03319222210 03008299930 022-921.3357	jlumhs@lumhs.edu.pk	<a href="http://www.lumhs.edu.pk/jlumhs/">http://www.lumhs.edu.pk/jlumhs/</a>
14	Journal of Postgraduate Medical Institute (JPMI) ISSN: 1013-5472	Official Journal of Post Graduate Medical Institute ----- <b>Address:</b> Post Graduate Medical Institute, Peshawar	Prof. Arshad Javaid ----- (Chief Editor)	---	Initial *DOR: 20.11.2009 ----- +DOD: 28.03.2017 ----- <b>Currently in "Y" Category</b>	**DOU: 13.05.2011	---	03005949509 03339123625	arshadj34@gmail.com & editorjpmi@yahoo.co.uk	<a href="http://www.jpmi.org.pk">www.jpmi.org.pk</a>

**HEC Recognized Health Science Journals**  
**List Updated on: September 19,2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
15	Pakistan Armed Forces Medical Journal ISSN: 0300-9648	Official Journal of Army Medical College, Rawalpindi ----- <b>Address:</b> Army Medical College, Abid Majid Road, Rwp	Prof.Sayed Nusrat Raza ----- (Chief Editor)	Initial *DOR: ?	+DOD: 28.03.2017 ----- <b>Currently in "Y" Category</b>	**DOU: 23.01.2015		0519270257	pafmj305@gmail.com & pafmj308@gmail.com	www.pafmj.org
16	International Journal of Pathology ISSN: 1810-0155	<b>Address:</b> H.No.116, St.49, F-11/3, Islamabad	Prof. Anwar-ul-Haque ----- (Chief Editor)	Initial *DOR: 20.11.2009 ----- +DOD 23.01.2015	**DOU: 13.05.2011 ----- **DOU: 28.03.2017 ----- <b>Currently in "Y" Category</b>	---	---	03335129849 03335495496 051-2293707	editjip@gmail.com & doctorlubna@hotmail.com	www.jpathology.com
17	Khyber Medical University Journal ISSN: 2305-2643	<b>Address:</b> Khyber Institute of Medical Sciences (KIMS), DHQ, KDA Teaching Hospital, Kohat, KPK	Prof. Dr. Akhtar Sherin ----- (Chief Editor)	---	+DOD: 28.03.2017 ----- <b>Currently in "Y" Category</b>	**DOU: 19.07.2012	---	03219707404 03339985141 09229260325	editorkmuj@kmu.edu.pk & kmuj@kmu.edu.pk	www.kmuj.kmu.edu.pk
18	International Journal of Biology and Biotechnology ISSN: 1810-2719	?	Prof. Dr. S. Shahid Shaukat ----- (Chief Editor)	Initial *DOR: 19.07.2012	**DOU 19.07.2015 ----- <b>Currently in "Y" Category</b>	---	---	?	Shahid shaukat2007@gmail.com.uk & zakijaved@live.com	http://www.ijbbku.com/index.html
19	Annals of Punjab Medical College (APMC) ISSN: 2077-9143	Official Journal of Punjab Medical College, Faisalabad ----- <b>Address:</b> Head of Urology Department Faisalabad Medical University, Faisalabad	Ghulam Mahboob Subhani ----- (Chief Editor)	Initial *DOR: 19.10.2015	**DOU: 06.03.2018 ----- <b>Currently in "Y" Category</b>	---	---	03216563321	gm_subhani@yahoo.com & annals.pmc@gmail.com	www.pmc.edu.pk

## HEC Recognized Health Science Journals

**List Updated on: September 19, 2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
20	Annals of Abbasi Shaheed Hospital & Karachi Medical & Dental College ISSN: 1563-3241	Official Journal of Karachi Medical & Dental College and Abbasi Shaheed Hospital ----- <b>Address:</b> Annals Secretariat, Karachi Medical & Dental College, Block# M, North	Prof. Dr. Syed Muhammad Haider ----- (Chief Editor)	Initial *DOR: 19.10.2015 ----- +DOD 18.09.2019 ----- <b>Currently in "Z" Category</b>	**DOU 08.10.2016	---	---	03028110037 03002167612 03333265501 03333405356	editor-in-chief@kmdc.edu.pk & associate.editor@kmdc.edu.pk	www.annals-ashkmdc.org
21	Journal of Ayub Medical College (JAMC) ISSN: 1025-9589	Official Journal of Ayub Medical College ----- Address: Ayub Medical College, Abbottabad	Dr. Umer Farooq ----- (Managing Editor)	---	Initial *DOR=? ----- +DOD: 28.03.2017 ----- <b>Currently in "Y" Category</b>	**DOU: 23.01.2015	---	03219111681 03229950100 03335031983 0992-382571	managingeditor@ayubmed.edu.pk & jamc@ayubmed.edu.pk	www.ayubmed.edu.pk
22	Annals of King Edwards Medical College ISSN: 2079-7192	Official Journal of KEMU, Lahore ----- <b>Address:</b> King Edward Medical University, Lahore	Prof. Dr. Saqib Saeed ----- (Chief Editor)	Initial **DOR: 20.11.2009	**DOU: 13.05.2011 ----- +DOD: 28.03.2017 ----- <b>Currently in "Y" Category</b>	*DOU: 23.01.2015	---	03008444269 03344338525	profmsaqibsaheed@kemu.edu.pk & publications@kemu.edu.pk	www.annalskemu.org
23	Journal of Medical Sciences ISSN: 1997-3446	Official journal of KMC, Peshawar ----- <b>Address:</b> The principle, Khyber Medical College, Peshawar	Prof. Dr. Mohammad Humayun ----- (Chief Editor)	Initial *DOR: 20.11.2009	**DOU: 13.05.2011 ----- +DOD: 28.03.2017 ----- <b>Currently in "Y" Category</b>	**DOU: 23.01.2015	---	03229876612 03339167305	drhumayun10@yahoo.com & arifraza_k@yahoo.com	www.jmed.scicom

**HEC Recognized Health Science Journals**  
**List Updated on: September 19,2019**  
**Health Sciences Research Journal of “Z” Category**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in “Z” category	Date of Recognition/upgradation to “Y” category	Date of Recognition/Upgradation to “X” Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
24	Pakistan Journal of Physiology ISSN: 1819-270X	Official Journal of Pak. Physiological Society ----- <b>Address:</b> Deptt: of Physiology, Army Medical College Rawalpindi	Maj. Gen (R.) Muhammad Aslam ----- (Chief Editor)	Initial *DOR: 20.11.2009 ----- +DOD: 20.05.2019 ----- <b>Currently in “Z” Category</b>	**DOU: 23.01.2015	**DOU: 06.03.2018	---	03215266744 03335247565 051-9272055	professorlam@yahoo.com & pip@pps.org.pk	<a href="http://www.pip.pps.org.pk">www.pip.pps.org.pk</a>
25	Journal of Rawalpindi Medical College ISSN: 1683-3562	Official Journal of Rawalpindi Medical College ----- <b>Address:</b> Deptt: of Pathology, DHQ Hospital, Raja Bazar, Rawalpindi	Prof.Muhammad Khurram ----- (Editor)	Initial *DOR: 19.10.2015 ----- <b>Currently in “Z” Category</b>	---	---	---	03335169167 03343911629 051-5556311	editor@journalrmc.com & senior.manager@journalrmc.com	<a href="http://www.journalrmc.com">www.journalrmc.com</a>
26	The Professional Medical Journal ISSN: 1024-8919	Official Publication of Independent Medical College, Faisalabad ----- <b>Address:</b> 175-Jinnah Colony, Faisalabad	Dr. Awais Shuja ----- (Chief Editor)	Initial **DOR: 20.11.2009 ----- +DOD: 20.05.2019 ----- <b>Currently in “Z” Category</b>	**DOU 13.05.2011 ----- +DOD: 06.03.2018	**DOU: 05.11.2013	---	03066008345 0412617122-24	editor@theprofessional.com & ashuja@hotmail.com	<a href="http://www.theprofessional.com">www.theprofessional.com</a>
27	Journal of Riphah College of Rehabilitation Sciences (JRCRS) ISSN: 2226-9215	Official Riphah College of Rehabilitation Science (RCRS) ----- <b>Address:</b> Riphah International University, Islamabad	Dr. Imran Amjad ----- (Editor)	Initial *DOR: 20.05.2019 ----- <b>Currently in “Z” Category</b>	---	---	---	03324390125 03322722711	<a href="mailto:jrcrs@riphah.edu.pk">jrcrs@riphah.edu.pk</a>	<a href="https://www.riphah.edu.pk">https://www.riphah.edu.pk</a>

## HEC Recognized Health Science Journals

List Updated on: September 19,2019

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
28	Journal of Islamabad Medical & Dental College ISSN: 2227-3875	Official Journal of IMDC, Islamabad ----- <b>Address:</b> Islamabad Medical and Dental College, Barakahu	Prof. Naila Irum Hadi ----- (Chief Editor)	Initial *DOR: 23.01.2015 ----- <b>Currently in "Z" Category</b>	---	---	---	03009209512 051-8153000-5	chief.editor@imdcollge.edu.pk & Managing.editor@imdcollge.edu.pk	www.jimdc.org.pk
29	Pakistan Journal of Neurological Surgery ISSN: 1995-8811	Official Journal of ISRA University, ----- Address: Deptt: of Neurosurgery Unit III, Lahore General Hospital, Feroz Pur Road, Lahore	Dr. Muhammad Anwar Chaudary ----- (Chief Editor)	Initial *DOR: 23.01.2015 ----- ***DOR: 20.05.2019 <b>Currently in "Z" Category</b>	---	---	---	03214333004 03336105646	dranwarchaudary@pakjns.org & admin@pakjns.org	www.pakjns.org
<b>Note:</b> Pakistan Journal of Neurological Surgery was derecognized with effect from <u>28.03.2017</u> to <u>May 20, 2019</u> . Therefore, the research articles published between this cut-off dates will not be considered for BPS appointment/promotion, Award of PhD. Degree and HEC approved supervisor etc.										
30	Pakistan Journal of Ophthalmology ISSN: 0886-3067	Official Journal of Ophthalmological Society of Pakistan ----- <b>Address:</b> OSP House, 4-A LDA Flats, Lawrence Road, Lahore	Prof. Muhammad Moin ----- (Chief Editor)	<b>*DOR:</b> ----- +DOD: 28.03.2017 ----- <b>Currently in "Z" Category</b>	**DOU: 19.07.2012	**DOU: 23.01.2015	---	03008471856 03008418601	pjoosp@gmail.com & mmoin7@gmail.com	www.pjo.org.pk
31	Pakistan Journal of Medicine & Dentistry ISSN: (2308-2593)	Official Journal of Ziauddin University ----- Address: 4/B Shara-e-Ghalib, Block 6, Clifton Karachi	Prof. Dr. Ejaz Vohra ----- (Chief Editor)	Initial *DOR: 19.10.2015 ----- <b>Currently in "Z" Category</b>	---	---	---	03008220080	pjmd.manuscripts@yahoo.com & pjmd@zu.edu.pk	www.pjmd.zu.edu.pk



## HEC Recognized Health Science Journals

List Updated on: September 19, 2019

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
32	RADS Journal of Pharmacy and Pharmaceutical Sciences ISSN: 2521-8514 eISSN: 2521-8484	Official Jinnah University for Women ----- Address: 5C, Nazimabad, Karachi - 74600	Prof. Dr. Liaquat Raza ----- (Chief Editor)	Initial *DOR: 28.12.2017 ----- <b>Currently in "Z" Category</b>	---	---	---	021-36620587-8	<a href="mailto:jpps@juw.edu.pk">jpps@juw.edu.pk</a>	<a href="http://jpps.juw.edu.pk">http://jpps.juw.edu.pk</a>
33	Journal of Dow University of Health Sciences (ISSN: 1995-2198)	Official Journal of Dow University of Health Sciences ----- <b>Address:</b> Principal, School of Public Health, Baba-e-Urdu Road, DUHS Karachi	Dr. Muhammad Saeed Quraishy ----- (Chief Editor)	Initial **DOR: 13.05.2011 ----- <b>Currently in "Z" Category</b>	---	---	---	03312241380 02138771000-50	<a href="mailto:vc@duhs.edu.pk">vc@duhs.edu.pk</a> & <a href="mailto:k.shafique@duhs.edu.pk">k.shafique@duhs.edu.pk</a>	<a href="http://www.jduhs.com">www.jduhs.com</a>
34	Journal of Fatima Jinnah Medical College, Lahore ISSN: 2616-6461	Official Journal of FJMC, Lahore ----- <b>Address:</b> Shahrah-e-Fatima Jinnah, Queens Road, Lahore	Prof. Dr. Zohra Khanam ----- (Chief Editor)	Initial *DOR: 19.10.2015 ----- ***DOR 06.03.2018 <b>Currently in "Z" Category</b>	---	---	---	03334240869 03334227390 03218864663 04299203718	<a href="mailto:draamerzamankhan@yahoo.com">draamerzamankhan@yahoo.com</a> & <a href="mailto:zohradr@yahoo.com">zohradr@yahoo.com</a>	<a href="http://www.fjmc.edu.pk">www.fjmc.edu.pk</a>
35	Pakistan Journal of Public Health ISSN: 2225-0891	Official Journal of Health Services Academy ----- <b>Address:</b> Prime Minister National Health Complex Park Road, ShaShahzad	Dr. Assad Hafeez ----- (Chief Editor)	Initial *DOR: 06.03.2018 ----- <b>Currently in "Z" Category</b>	---	---	---	+92-51-9255590-94, Ext 104, 106 03335130838	<a href="mailto:Managing.Editor@pjph.org">Managing.Editor@pjph.org</a>	<a href="https://www.pjph.org">https://www.pjph.org</a>



**Derecognized Health Sciences Research Journals**  
**List Updated on: September 19,2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
36	Pakistan Oral & Dental Journal ISSN: 1012-8700	Official Journal of Pakistan Society for Oral & Dental Research ----- <b>Address:</b> H.No: 19, Street No. 63, Sector F-7/3, Islamabad	Prof. Dr. Ahmed Iqbal ----- (Chief Editor)	Initial *DOR: 07.11.2006 ----- ***DOR: 15.08.2018 ----- <b>Suspended w.e.f: 20.05.2019</b>	**DOU: 11.04.2009	**DOU: 05.11.2013	---	03335162089 03008877286 051-2611187	driqbal7@gmail.com & ahwyne@gmail.com	www.podj.com.pk

**Note:** Pakistan Oral & Dental Journal was derecognized with effect from **28.03.2017** to **August 15, 2018**. The journal was recognized on 16.08.2018, but again derecognized on May 20, 2019. Therefore, the research articles published between this cut-off dates will not be considered for BPS appointment/promotion, Award of PhD. Degree and HEC approved supervisor etc.

**Derecognized Health Sciences Research Journals**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
37	Journal of Pakistan Psychiatric Society ISSN: 1726-8710	Official journal of Pakistan Psychiatric Society ----- <b>Address:</b> Deptt: of Psychiatry & Behavioral Sciences, DHQ Hospital Faisalabad	Dr. Mowadat H. Rana ----- (Chief Editor)	Initial *DOR: 20.11.2009	**DOU: 13.05.2011 ----- <b>Derecognized w.e.f 20.05.2019</b>	---	---	03215214425	mhrana786@gmail.com & Psycon2005fsd@yahoo.com	www.jpss.com.pk
38	Pakistan Journal of Pharmacology (ISSN: 0255-7088)	Official Journal of University of Karachi, Karachi ----- <b>Address:</b> Deptt: of Pharmacy, UOK	Dr. Rafeeq Alam Khan ----- (Chief Editor)	Initial *DOR: 20.11.2009 ----- <b>Derecognized w.e.f 08.10.2016</b>	---	---	---	?	pj_pharmacology@yahoo.com; pjp@uok.edu.pk	<a href="http://www.pakjip.pk">www.pakjip.pk</a>

**Derecognized Health Sciences Research Journals**  
**List Updated on: September 19,2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
39	The Pakistan Journal of Gastroenterology ISSN: xxxx-xxxx	Official Journal of Gastroenterology Society ----- <b>Address:</b> 468-A Eden City, Lahore Cantt	Syed Sibtul Hasnain ----- (Chief Editor)	Initial *DOR: 13.05.2011 ----- <b>Derecognized w.e.f 28.03.2017</b>	---	---	---	03334232211	rdsibiqi@gmail.com	No website
40	Medical Channel Journal ISSN: 1681-5491	? ----- <b>Address:</b> Room No: 31/1, 3 <sup>rd</sup> Floor Pakistan Handicraft Chamber Abdullah Haroon Road, Karachi	Prof. Iqbal A. Memon ----- (Chief Editor)	---	Initial **DOR: 11.04.2009 ----- <b>Derecognized w.e.f 28.12.2017</b>	---	---	03338712792	?	
41	Pakistan Journal of Biochemistry and Molecular Biology ISSN: 1681-4525	Official Journal of Pak. Society of Biochemistry and Molecular Biology ----- KIBGE, UOK	Prof. Abid Azhar ----- (Chief Editor)	Initial *DOR: 19.07.2012 ----- <b>Derecognized w.e.f 28.12.2017</b>	---	---	---	03335187253 02199261180	<a href="mailto:abid.azhar@kibge.edu.pk">abid.azhar@kibge.edu.pk</a> & <a href="mailto:info@pjbmb.org.pk">info@pjbmb.org.pk</a>	<a href="http://pjbmb.org.pk/">http://pjbmb.org.pk/</a>
42	The Journal of Pakistan Orthopaedic Association ISSN: 2076-8966	Official Journal of Pakistan Orthopaedic Association ----- <b>Address:</b> JPOA Office, Room # 2, PMA house, Aga Khan III Road, Karachi	Dr. Faaiz Ali Shah ----- (Chief Editor)	Initial *DOR: 19.10.2015 ----- <b>Derecognized w.e.f 28.12.2017</b>	---	---	---	03349125394 03323779085	<a href="mailto:jpoaofficials@jpoa.org.pk">jpoaofficials@jpoa.org.pk</a>	<a href="http://www.jpoa.org.pk">www.jpoa.org.pk</a>
43	Pakistan Journal of Radiology ISSN: 2313-7886	Official Journal of Radiological Society of Pakistan ----- Deptt: of Radiology AKU Hospital, Karachi	Dr. Maseeh uz Zaman ----- (Editor)	Initial *DOR: 19.10.2015 ----- <b>Derecognized w.e.f 28.12.2017</b>	---	---	---	03332266901 02134862055	<a href="mailto:editor.pjr@gmail.com">editor.pjr@gmail.com</a>	<a href="http://www.pakjr.com">www.pakjr.com</a>

**Derecognized Health Sciences Research Journals**  
**List Updated on: September 19,2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
44	Pakistan Journal of Otolaryngology (ISSN: 0257-4985)	Official Journal of Pakistan Society of Otolaryngology ----- <b>Address:</b> Deptt: of otolaryngology, Civil Hospital Karachi	Dr. Muhammad Umar Farooq ----- (Chief Editor)	Initial *DOR: 20.11.2009 ----- +DOD: 08.10.2016 ----- <b>Derecognized w.e.f 28.12.2017</b>	**DOU: 13.05.2011	---	---	03333225262 02199215717	<a href="mailto:driqbalkhyan@gmail.com">driqbalkhyan@gmail.com</a> & <a href="mailto:driqbalkhyan@yahoo.com">driqbalkhyan@yahoo.com</a>	<a href="http://www.pjorl.com">www.pjorl.com</a>
45	Al- Shifa Journal of Ophthalmology ISSN: 1990-3863	Official Journal of ? ----- <b>Address:</b> Al-Shifa Trust Eye Hospital	Dr. Tayyab Afghani ----- (Chief Editor)	Initial*DOR: 20.11.2009 ----- +DOD: 28.03.2017 ----- <b>Derecognized w.e.f 06.03.2018</b>	---	**DOU: 23.01.2015	---	03335192493 03135678381	<a href="mailto:aqrpio@yahoo.com">aqrpio@yahoo.com</a> & <a href="mailto:drtayyabafghani@yahoo.com">drtayyabafghani@yahoo.com</a>	<a href="http://journal.alshifaeye.org">http://journal.alshifaeye.org</a>
46	Annals of PIMS ISSN: 1815-2287	Official Journal of SZABMU/PIMS ----- <b>Address:</b> Institute of Medical Sciences (PIMS), G-8/3 Islamabad	Prof. S.H. Waqar ----- (Chief Editor)	Initial *DOR: 13.05.2011 ----- +DOD: 28.03.2017 ----- <b>Derecognized w.e.f 06.03.2018</b>	---	**DOU: 23.01.2015	---	03335131365 0519107740	<a href="mailto:chiefeditor@szabmu.edu.pk">chiefeditor@szabmu.edu.pk</a>	<a href="http://www.apims.net/index.php/apims">www.apims.net/index.php/apims</a>

**Derecognized Health Sciences Research Journals**  
**List Updated on: September 19,2019**

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
------	--------------	------------------------------	-----------------------	-------------------------------------	---	---	-----------------------------------	-----------------	----------	---------

47	Journal of Society of Obstetricians & Gynaecologists of Pakistan ISSN: 2307-7115	Official journal of Society of Obs/Gyn Pakistan (SOGP) ----- <b>Address:</b> F-759, Saidpur Road, Satellite Town, Rawalpindi	Dr. Rizwana Chaudhry ----- (Managing Editor)	Initial *DOR: 05.11.2013 ----- +DOD: 28.03.2017 ----- <b>Suspended w.e.f 20.05.2019</b>	**DOU: 23.01.2015	---	---	03235112030 051-5124884	<a href="mailto:jsogp.articles@gmail.com">jsogp.articles@gmail.com</a> & <a href="mailto:rizwanachaudhri@hotmail.com">rizwanachaudhri@hotmail.com</a>	<a href="http://www.jsogp.net">www.jsogp.net</a>
48	Pakistan Orthodontic Journal ISSN: 2074-0069	Official Journal of Pakistan Association of Orthodontists ----- <b>Address:</b> Islamic International Medical Complex, G-6/4, Islamabad	Prof. Dr. Ulfat Bashir ----- (Chief Editor)	Initial *DOR: 19.10.2015 ----- <b>Suspended w.e.f 20.05.2019</b>	---	---	---	03335118561 03005001774	<a href="mailto:ulfat.bashir@riphah.edu.pk">ulfat.bashir@riphah.edu.pk</a> & <a href="mailto:haroon77@gmail.com">haroon77@gmail.com</a>	<a href="http://www.poj.org.pk">www.poj.org.pk</a>
49	Pakistan Journal of Medical Research ISSN: 0030-9842	Official Journal of Pakistan Medical Research Council ----- <b>Address:</b> Shahrah-e-Jamhuriat, Sector G-5/2, Islamabad	Dr. Arif Nadeem ----- (Chief Editor)	? ----- +DOD: 06.03.2018 ----- <b>Derecognized w.e.f 20.05.2019</b>	**DOU: 13.05.2011	---	---	03335759105 051-9217146	<a href="mailto:pjmr.phrc@gmail.com">pjmr.phrc@gmail.com</a>	<a href="http://www.pmrc.org.pk">www.pmrc.org.pk</a>
50	The Journal of Cardiovascular Diseases ISSN: 2309-3544	Official Journal of Punjab Institute of Cardiology ----- <b>Address:</b> 2 <sup>nd</sup> Floor, Conference Room Institute of Cardiology, Jail Road Lahore	Dr. Shahid Hameed ----- (Chief Editor)	Initial *DOR: 19.07.2012 ----- ***DOR: 15.08.2018 ----- <b>Derecognized w.e.f 20.05.2019</b>	---	---	---	03008472	<a href="mailto:picjcvd@gmail.com">picjcvd@gmail.com</a> & <a href="mailto:editorincharge@jcvdpic.org">editorincharge@jcvdpic.org</a>	<a href="http://www.jcvdpic.org">http://www.jcvdpic.org</a>

Note: Pakistan Journal Cardiovascular Diseases was derecognized with effect from **28.03.2017** to **August 15, 2018**. Therefore, the research articles published between this cut-off date will not be considered for BPS appointment/promotion, Award of PhD. Degree and HEC approved supervisor etc.

51	Pakistan Journal of Pathology ISSN: 1024-6193	Official Journal of Pak. Association of Pathologists  <b>Address:</b> Armed Forces Institute of Pathology, Rawalpindi	Brig. Aamir Ijaz ----- (Chief Editor)	Initial *DOR: 20.11.2009 ----- +DOD: April 14, 2016 ----- ***DOR: 15.08.2018 <b>Derecognized w.e.f 20.05.2019</b>	**DOU: 13.05.2011	---	---	03005203194	ijaz_aamir@hotmail.com & pakjpathol@hotmail.com	www.pakjpathol.com
----	--	---	---	---	----------------------	-----	-----	-------------	---	--------------------

Note: Pakistan Journal of Pathology was derecognized with effect from **28.03.2017** to **August 15, 2018**. Therefore, the research articles published between this cut-off dates will not be considered for BPS appointment/promotion, Award of PhD. Degree and HEC approved supervisor etc.

### Health Sciences Research Journals Permanently Banned for Recognition By HEC

S.No	Journal Name	University/Institute/Society	Editor/Contact Person	Date of Recognition in "Z" category	Date of Recognition/upgradation to "Y" category	Date of Recognition/Upgradation to "X" Category	W-Category/Impact factor Journals	Tel & Mobile No	Email ID	Website
52	Medical Forum Monthly ISSN: 1029-385X	<b>Address:</b> 907, Gohawa Road Link Defence/ Airport Road, Opposite Toyota Motors, Lahore, Cantt	Dr. Azhar Masud Bhatti ----- (Chief Editor)	Initial *DOR: 20.11.2009	**DOU: 19.07.2012 ----- <b>Derecognized w.e.f.28.03.2017</b>	---	---	03454221303 03004879016	medicalforum@gmail.com & med_forum@hotmail.com	<a href="http://www.medforum.pk">www.medforum.pk</a>
53	Journal of University Medical & Dental College ISSN: 2221-7827	University Medical & Dental College ----- <b>Address:</b> Sargodha Road, University of Faisalabad	Prof. Muhammad Akram Malik ----- (Editor)	Initial *DOR: 19.07.2012	**DOU: 23.01.2015 ----- <b>Derecognized w.e.f 28.03.2017</b>	---	---	03008652267 03009655568	akrammlk@yahoo.com & editor@jumdc.tuf.edu.pk	www.jumdc.tuf.edu.pk
54	Gomal Journal of Medical Sciences ISSN: 1819-7973	Official Journal of Gomal Medical College, D.I.Khan ----- <b>Address:</b> Gomal Medical College, D.I.Khan	Prof. Dr. Habibullah Khan ----- (Chief Editor)	Initial *DOR: 20.11.2009	**DOU: 13.05.2011	**DOU: 23.01.2015 ----- <b>Derecognized w.e.f 28.03.2017</b>	---	03339955248 03339961943 09669280338	gims786@hotmail.com & habibgmc@hotmail.com	www.gims.com.pk

55	International Journal of Rehabilitation Sciences ISSN: 2226-7743	Official Journal of ISRA University, ----- Address: House No 45, Street No 18, Block C, PWD, Isb	Dr. Muhammad Naveed Babur ----- (Chief Editor)	Initial *DOR: 23.01.2015 ----- <b>Derecognized w.e.f 28.03.2017</b>	---	---	---	03335118324 03335348846 051-5156059	<a href="mailto:naveedphysio@gmail.com">naveedphysio@gmail.com</a> & <a href="mailto:info@ijrs.org">info@ijrs.org</a>	<a href="http://www.ijrs.org">www.ijrs.org</a>
56	Infectious Diseases Journal of Pakistan ISSN: 1027-0299	<b>Address:</b> Medical Microbiology & Infectious Diseases Society of Pakistan 21 G/1, Block 6, P.E.C.H.S Shakra-e-Faisal, Karachi	Dr. Farah Naz ----- (Chief Editor)	Initial *DOR: 20.11.2009 ----- <b>Derecognized w.e.f 08.10.2016</b>	---	---	---	03452405303 03002245776 02134865025	<a href="mailto:Pak_idj@yahoo.com">Pak_idj@yahoo.com</a> & <a href="mailto:ali.faisal@aku.edu">ali.faisal@aku.edu</a>	website not available
57	International Ophthalmology Update ISSN: 1993-2863	<b>Address:</b> 267-A, Street: 53, F-10/4, Islamabad	Prof. Dr. M.Yasin Khan Durrani ----- (Chief Editor)	Initial *DOR: 19.07.2012 ----- <b>Derecognized w.e.f 28.03.2017</b>	---	---	---	03335158885 051-2291935 051-2222925	<a href="mailto:yasin.durrani@gmail.com">yasin.durrani@gmail.com</a> & <a href="mailto:ophthalmologyupdate@gmail.com">ophthalmologyupdate@gmail.com</a>	<a href="http://www.ophthalmologyupdate.com">www.ophthalmologyupdate.com</a>
58	Pakistan Journal of Neurological Sciences ISSN: 1990-6269	Official Journal of AKU, Karachi ----- <b>Address:</b> Deptt: of Neurology, Aga Khan University, Karachi	Dr. Muhammad Wasay ----- (Editor)	Initial *DOR: 05.11.2013 ----- <b>Derecognized w.e.f 28.12.2017</b>	---	---	---	03332234688 021-4930051	<a href="mailto:mohammadwasay@hotmail.com">mohammadwasay@hotmail.com</a> & <a href="mailto:pakjns@gmail.com">pakjns@gmail.com</a>	<a href="http://www.pkjns.com">www.pkjns.com</a>

\* Initial Date of Recognition

\*\* Date of Upgradation

\*\*\* Date of Re-recognition

+ Date of Demotion